

Old Man

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jen Seiberlich (USA) & Dan Pye (USA) - March 2024
音乐: The Old Man Down the Road - John Fogerty



TOE HEELS (R), STEP TOUCHES

1-4 right toe to side, drop heel, left toe over right, drop heel
5-12 step fwd right, touch left toe to place/clap, back left, touch right toe/clap, back right, touch left toe/clap, fwd left, touch right toe to place/clap

JAZZ BOX WITH ¼ TURN RIGHT

13-16 cross right over left, back left, ¼ turn right, stepping on right, left to place

ROCK RECOVER, ½ TURN RIGHT TRIPPLE STEP

17,18,19&20 rock fwd right, recover back left, ½ turn right with triple step (R,L,R)

ROCK RECOVER, COASTER STEP

21,22,23&24 rock fwd left, recover back right, coaster step shuffling back left, back right, fwd left

HIP BUMPS, STEPS OUT-OUT, IN-IN

25&26,27&28 bump hips (R,L,R) THE (L,R,L)

29-32 step fwd. out on right, fwd. out on left, back in on right, back in on left

REPEAT
