

Yesterday

拍数: 30 墙数: 2 级数: Beginner - waltz
编舞者: Sheila Kenny (USA) - March 2024
音乐: Yesterday (From the Film - Yesterday) - Himesh Patel



#5 ct Intro - Start on the word 'Day' (Yesterday) No Tags, No Restarts

[1-6] Side Step, Drag, Cross, Recover, Point

- 1-3 Wide step LF to Left side, Drag RF to LF Crossing RF over LF, Step LF wide to Left side & point Right Toe to Right side
- 4-6 Wide step RF to Right side, Drag LF to RF Crossing LF over RF, Step RF wide to Right side & point Left Toe to Left side

[7-12] Full Basic

- 1-3 Step LF forward, Step RF next to LF, Step LF in place
- 4-6 Step back on RF, Step LF next to RF, Step RF in place

[13-18] ¼ Turn Twinkles x 2

- 1-3 Step LF over RF turning ¼ turn Right (3:00), Step RF to Right side, Step LF next to RF
- 4-6 Step RF over LF turning ¼ turn Left (12:00), Step LF to Left side, Step RF next to LF

[19-24] Turning Weave

- 1-3 Cross LF over RF, Step RF to Right side, Cross LF behind RF
- 4-6 Turn ¼ Right stepping RF forward (3:00), Turn ¼ Right stepping LF to left side (6:00), Recover weight on RF

[25-30] Weave with Drag

- 1-3 Cross LF over RF, Step RF to Right side, Step LF behind RF (6:00)
- 4-6 Wide step RF to Right side, Drag LF to RF for 2 counts

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