

If You Love Me

拍数: 32 墙数: 4 级数: Intermediate NC2S
编舞者: Helena Jeppsson (SWE) - March 2024
音乐: If you love me - Michael Schulte & Norma Jean Martine



Basic nightclub R, 1 ½ turn R, basic nightclub R, sway

- 1 2& Step RF to right side, step LF slightly behind RF, step RF in front of LF
- 3& Step LF to left side, make a ½ turn R on LF
- 4& Step down on RF to right side, make a ½ turn R stepping LF to left side
- 5 6& Make a ½ turn R stepping RF to right side, step LF slightly behind RF, step RF in front of LF (facing 6:00)
- 7 8& Step LF to left side, sway R, L

RESTART on wall 3 (facing front wall)

Basic nightclub R, ½ turn R, cross, side, ¼ turn L, fwd, full turn R

- 1 2& Step RF to right side, step LF slightly behind RF, step RF in front of LF
- 3& Step LF to left side, make a ½ turn R on LF
- 4& Step RF to right side, step LF slightly behind RF (facing 12:00)
- 5 Step RF to right side
- 6 Make a ¼ turn L stepping fwd on LF (9:00)
- 7& Step fwd on RF, step fwd on LF
- 8& Make a ½ turn R putting weight onto RF, make a ½ turn R stepping back on LF

Sweep, behind, side, cross rock, side rock, back sweep, weave

- 1 Sweep RF from front to back
- 2& Step RF behind LF, step LF to left side
- 3& Cross rock RF over LF, recover onto LF
- 4& Rock RF to right side, recover onto LF
- 5 Step back on RF, sweep LF from front to back
- 6 Step back on LF, sweep RF from front to back
- 7& Step RF behind LF, step LF to left side
- 8& Step RF across LF, step LF to left side

Cross rock x2, ¼ turn L, fwd, ¼ turn L, cross, ½ turn R, side, cross

- 1 2& Cross rock RF over LF, recover, step RF to right side
- 3 4& Cross rock LF over RF, recover, make a ¼ turn L stepping fwd on LF (6:00)
- 5 6 Step fwd on RF, make a ¼ turn L stepping fwd on LF (3:00)
- 7& Step RF across LF, make a ¼ turn R stepping back on LF
- 8& Make a ¼ turn R stepping RF to right side, step LF across RF (facing 9:00)