

Break it in a Bar

拍数: 32 墙数: 4 级数: Improver
编舞者: Dillon Josiah (USA) - February 2024
音乐: BREAK IT IN A BAR - Graham Barham



Intro 32 Counts

****2 Restarts**

[1-8] WALK, WALK, ANCHOR STEP, FULL TURN BACK COASTER STEP

1,2 Step R FWD, Step L FWD
3&4 Step R behind L, Step L in place, Step back on R
5,6 Turn ½ back stepping L FWD Turn ½ back stepping R back
7&8 Step L back, Step R next to L, Step L FWD

***RESTARTS HERE ON WALL 3 (FACING 6:00) AND WALL 8 (FACING 6:00)**

[9-17] FORWARD ROCK, REPLACE AND WALK WALK, FORWARD ROCK, REPLACE, ½ TURN, ½ TURN, ¼ TURN

1,2& Step R FWD, Replace weight back on L, Quickly step R next to L
3,4 Step L FWD Step R FWD
5,6, Step L FWD Replace Weight back on R
7,8, ½ Turn stepping L FWD (6:00) ½ turn stepping R Back (12:00)
1, 1/4 Turn stepping L Side (9:00)

[18-24] CROSS, SIDE, BEHIND, SIDE CROSS ROCK REPLACE, ¼ TURN STUFFLE FORWARD

2,3, Step cross R over L, Step L to Left side
4&5,6 Step cross R behind L, quickly step L to Left side, Rock cross R over L, Replace Weight on L
7&8 Turn ¼ right stepping FWD on R, Step L next to R, Step R FWD (12:00)

[25-32] STEP, POINT, STEP, POINT, ½ JAZZBOX SAILOR ¼ LEFT

1,2 Step L FWD, Touch Right toe to side
3,4 Step R FWD, Touch Left toe to side
5,6 Cross step L over R Step back R
7&8 Cross Step L behind R, step R to right side, turn ¼ left while stepping slightly FWD (9:00)

***Dance Ends facing (12:00) with a Slide**

Last Update: 17 Apr 2024