拍数： 120
壇数： 2
级数：Low Improver
编舞者：Pat Esper（USA）－March 2024
音乐：Easy Does It－Brooke Graham
［1－8］：Walk，Hold，Walk，Hold，Rumba forward，Hold
1－2 Step forward on the right．Hold．
3－4 Step forward on the left．Hold．
5－6 Step the right foot to the side．Step the left foot next to the right．
7－8 Step forward on the right foot．Hold．
［9－16］：Rumba back，Hold，Coaster step，Hold
1－2 Step the left foot to the side．Step the right foot next to the left．
3－4 Step back on the left foot．Hold．
5－6 Step back on the right foot．Step the left foot next to the right．
7－8 Step forward on the right foot．Hold．
［17－24］：Step，Lock，Step，Hold，Rock，Recover，Half turn step，Step forward
1－2 Step forward on the left foot．Step the right foot up behind the left．
3－4 Step forward on the left foot．Hold．
5－6 Rock forward on the right foot．Recover onto the left foot．
7－8 Make a half turn over the right shoulder stepping forward on the right foot．Step forward on the left foot．
Note：The restart happens here after wall 3．Also，to turn this into a fixed pattern partner dance，Counts 5－8 change to a rocking chair for the men and a step half turn，step half turn for the ladies．
［25－32］：Mambo step，Hold，Mambo step，Hold
1－2 Rock forward on the right foot．Recover onto the left foot．
3－4 Step the right foot next to the left（or slightly back）．Hold．
5－6．Rock back on the left foot．Recover onto the right foot．
7－8 Step the left foot next to the right（or slightly forward）．Hold
Tag：Happens at the end of the 6th full wall．See dance map
［1－8］：Side Mambo，Hold，Side Mambo，Hold
1－2 Rock the right foot to the side．Recover onto the left．
3－4 Step the right foot next to the left．Hold．
5－6 Rock the left foot to the side．Recover onto the right foot．
7－8 Step the left foot next to the right．Hold．
Notes：＊＊This can be done as a fixed pattern partner circle dance．The dance position is the open position （Side by side，Sweetheart，or Stroll）
When the ladies do their step half turns for counts $5-8$ of the 3rd set of 8 ，the lead hands drop and the man raises the follow hands right above the ladies head to keep her turns in place．

