

Old Dream AB (舊夢) (粵語版)

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Nina Chen (TW) - March 2024
音乐: Old Dream (舊夢) (粵語版) - 亮聲Open



Intro: 32 counts

Sec1: HALF RUMBA BOX (x2)

1-4 Step RF to R - Step LF beside RF - Step RF fwd - Touch LF beside RF
5-8 Step LF to L - Step RF beside LF - Step LF fwd - Touch RF beside LF

Sec2: MONTEREY 1/4 R, ROCKING CHAIR

1-4 Touch Rf toe to R - On ball of Lf make 1/4 turn R (3:00) step Rf beside Lf - Touch Lf toe to L -
 Step Lf beside Rf
5-8 Rock Rf fwd - Recover on Lf - Rock Rf back - Recover on Lf

Sec3: HALF RUMBA BOX (x2)

1-4 Step RF to R - Step LF beside RF - Step RF back - Touch LF beside RF
5-8 Step LF to L - Step RF beside LF - Step LF back - Touch RF beside LF

Sec4: (R & L) POINT - TOGETHER, JAZZ BOX 1/4 R

1-4 Touch Rf toe to R - Step RF beside LF - Touch Lf toe to L - Step Lf beside Rf
5-8 Cross RF over LF - Step LF back - 1/4 turn R (6:00) step RF to R - Cross LF over RF

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com