

I Lost Myself-Rumba

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lucy Kim (KOR) - March 2024
音乐: I Lost Myself (I'm Hungry... and That Ain't Right) (feat. Pink Martini) - Meow
Meow & Thomas Lauderdale



* 1 Tag, 1 Restarts

Tag 2 Count - Sway R-L,
After 28 Count On Wall 5(facing 3:00),
Then Restarts

SEC 1 - Diagonal Step Flick, Cross, Touch Together, Step Side Together, Step Fwd Together

1-4 Diagonal L Step Flick Rf, Cross R over L, Diagonal R Step Flick Lf, Cross L over R, Touch Rf Together
5-6 Step Rf to R Side, Step Lf Together
7-8 Step Rf Fwd, Touch Lf Together

SEC 2 - Side Together(L), Back Together, Side Together(R), Back Together,

1-2 Step Lf to L Side, Step Rf Together
3-4 Step Lf Back, Touch Rf Together
5-6 Step Rf to R side, Step Lf together
7-8 Step Rf Back, Touch Lf Together

SEC 3 - Sway L-R-L, Turn L 1/4, Touch, Sway R-L-R, Together

1-4 Step Lf to L side, Sway L-R-L, Turn to L 1/4, Touch Rf beside Lf
5-8 Step Rf to R side, Sway R-L-R, Together Lf beside Rf

SEC 4 - Step Fwd, Turn R 1/2, Together, Step Back Rock, Recover

1-2 Step Rf Fwd, Turn to R 1/2, Touch Lf Together
3-4 Step Rf Back Rock, Recover
5-6 Step Rf Fwd, Turn to R 1/2, Touch Lf Together
7-8 Step Rf Back Rock, Recover