

Sweet Embrace

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Yvonne Anderson (SCO) & Chris Lane (UK) - February 2024
音乐: Back In Baby's Arms - Patsy Cline : (Album: Patsy Cline's Greatest Hits)



Notes: Start on vocal, no bridges/tags/restarts...we are aware the music suggests tags/restarts, but since we wanted to write a beginners dance we chose to simply dance through the phrasing. Dance finishes on front wall with jazz box as the music fades.

[1-8] WALK FORWARD R & L, ROCK R FORWARD-RECOVER-STEP BACK, WALK BACK L & R, SAILOR 1/4 TURN LEFT

1-2 Walk forward R, Walk forward L [12]
3&4 Rock R forward, (&) Recover weight on L, Step R back [12]
5-6 Walk back L, Walk back R [12]
7&8 Step L behind right, (&) Make 1/4 turn left stepping R to right side, Step L to left side [9]
(Styling counts 5-6 add sweeps as you walk back)

[9-16] CROSS, STEP BACK, SIDE SHUFFLE, CROSS, STEP BACK, SIDE-TOGETHER-1/4 TURN LEFT

1-2 Step R across left, Step L back [9]
3&4 Step R to right, (&) Step L beside right, Step R to right [9]
5-6 Step L across right, Step R back [9]
7&8 Step L to left, (&) Step R beside left, Make 1/4 turn left stepping L forward [6]

[17-24] CHARLESTON FORWARD & BACK, ROCK, RECOVER, SHUFFLE 1/2 TURN RIGHT

1-2 Touch R toes forward, Step R beside left [6]
3-4 Touch L toes back, Step L beside right [6]
5-6 Rock R forward, Recover on L preparing to turn [6]
7&8 Make 1/2 turn right stepping R,L,R [12]

[25-32] ROCK, RECOVER, SHUFFLE 1/2 TURN LEFT, JAZZ BOX

1-2 Rock L forward, Recover weight on right preparing to turn [12]
3&4 Make 1/2 turn left stepping L,R,L [6]
5-8 Step R across left, Step L back, Step R to right side, Step L slightly forward [6]

REPEAT