

Brand New You

COPPER **KNOB**
BY STEPHEN

拍数: 64 墙数: 4 级数: Phrased Intermediate
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音乐: Same Old Brand New You - A1



Intro : 32 C

Sequence: A B B C C, A B B C C, B A A B C C
NO TAG NO RESTART

PART A (16 count)

I. MODIFIED HEEL DIG, WALK GRAPEVINE, HEEL JACK

1 2 Step R back bending R knee touch L heel fwd (1), L in place (2)
3 4 Walk R - L Fwd
5 6 R to side (5), cross L behind (6)
& 7 Step R ball to side (&), Touch L heel fwd (7)
& 8 step L in place (&), cross R over L (8)

II. 1/4 R L BACK, 1/4 R SIDE, KICK BALL STEP, SHOULDER PUMP, TOUCH L BACK, UNWIND 1/2 L

1 2 1/4 L step L back (03:00)(1), 1/4 R to side (2)(06:00)
3 & 4 Kick L fwd (3), Step L ball beside R (&), R to side (4)
5 & 6 Push R shoulder to R (5), R shoulder to center (&), R shoulder to R (6)
7 8 Touch L back (7), 1/2 L step L in place (8)(12:00)

PART B (32 C)

I. GRAPEVINE, SIDE, BEHIND, SIDE, CROSS, 1/2 L UNWIND

1-2 -3-4 R to side (1), Cross L behind R (2), R to side (3), Touch L beside R (4)
5 6 & L to side (5), Cross R behind L (6), L to side (&)
7 8 Cross R over L (7), Pivot 1/2 L weight on L (8)(06:00)

II. FWD DIAGONAL WITH HIP HOP KNEE R L R L, CROSS, BACK, BACK, CROSS, SIDE

1 2 3 4 R diagonally fwd with knees out weight on R (1), L diagonally fwd with knees out weight on L (2), Do the same on (3) (4)
5 6 & 7 8 Cross R over L (5), L diagonally to R back (6), R diagonally to R back (&), Cross L over R (7), R beside L (8)(06:00)

III. APPLE JACK, STEP FWD, SNAP FINGER, KICK BALL, TOUCH BACK, TWIST BODY BACK, RECOVER FWD0

1 & 2 & R toe Up L heel up (1), Drop R toe and L heel down (&), L toe up lifting R heel up (2), Drop L toe and R heel down (&)

Option : You can change apple Jack with Swivel

3 & 4 Step R fwd (3), Step L next to R (&), Snap your Right Finger to R side (4)
5 & 6 Kick R fwd (5), Step R next to L (&), Touch L back (6)
7 8 1/2 turn L angle body facing 12.00 stepping on LF (7), Recover on RF angle body facing 6.00 stepping on RF (8)

IV. TURN 1/4 R MAMBO CROSS, HOLD, BALL CROSS, , HEEL SWITCHES , FWD, TOGETHER

1 & 2 L Fwd (1), Turn 1/4 R Recover on R facing 9.00 (&), Step L cross over R (2)
3 & 4 HOLD (3), Step RF to R (&), LF cross over RF (4)
5 & 6 & Touch R heel Fwd (5), Step R next to L (&), Touch L heel fwd (6), Step L next to R (&)
7 8 Step R fwd (7), Step L together (8)(09:00)

PART C (16 C)

I. SIDE, TOUCH BEHIND, KNEE POP, SIDE, BODY WAVE, BALL, SIDE, SIDE POINT

- 1 2 R to side (1), Touch L behind R (2)
& 3 Lift heels up bending knees (&), Drop heels down (3)
4 5 &6 L to side with body weave(4 5), RF beside LF (&), Step LF to side (6)
7 8 Slap your right hand across to Hip level(7), Step RF touch to R (8)

II. ROLLING VINE, CROSS ROCK, RECOVER, HINGE TURN R, FWD

- 1 2 3 1/4 turn R stepping on RF facing 9.00 (1), 1/2 turn R stepping back on LF facing 3.00(1), 1/4 turn R step RF to side (06:00)(2)
4 5 Cross LF over RF (3), Recover on RF (4)
& 6 & L to side (&), Cross R over L (5), 1/4 turn R stepping LF back (09:00)(6)
7 8 ¼ RF to side (12:00)(7), Step LF fwd (8)

#You will start part C again facing 12:00

Enjoy the dance...

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