

The Only One

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Juli Santoso Pikir (INA), Gati Tjipto R (INA) & Indah Betari (INA) - February 2024
音乐: The Only One - Lionel Richie



S-1. FORWARD & SWEEP-ROCK CROSS-BACK & SWEEP-ROCK BACK-¼ TURN L SCISSOR (R/L)

12&3 Step RF forward with Sweep LF from front to forward over RF - Step LF forward : Step RF to side - Step LF back with Sweep RF from front to back over LF
4& Step RF back - Recovered on L
5&6 ¼ Turn L Step RF to side - Close LF together - Cross RF over LF (9:00)
7&8 Step LF to side - Close RF together - Cross LF over RF

S-2. VINE - ROCK SIDE-CROSS-SIDE-BACK- ¼ TURN L FORWARD- FORWARD-CLOSE

12&3 Step RF to side - Cross LF behind RF - Step RF to side - Cross LF over RF
4&5 Step RF to side - Recovered on L - Close RF beside LF
6&7 Step LF to side - Step RF back - ¼ Turn L Step LF forward (6:00)
8& Step RF forward - Close LF together

S-3. MAKE ½ DIAMOND SHAPE, FULL TURN MONTEREY

12& 1/8 Turn L (4:30), Step RF to side - Step back LF-RF (4:30),
3 1/8 Turn L (3:00), Step LF to side,
4&5 1/8 Turn L (1:30), Step forward RF-LF, 1/8 Turn L (12:00) - Touch RF to side,
6 Step close RF to L whilst full turn to R, (weight on R)(6:00)
7&8 Touch LF to side - Recovered on RF - Step LF cross over RF (12:00)

S-4. SYNCOPATED, TURN 1/4 , PIVOT 1/2 L, FULL TURN TO L - SHUFFLE

12&3 Step RF to side - step LF in place - Close RF beside LF - step LF to side.
&456 step RF in place-¼ turn L Step LF in place (9:00)-Step RF forward - Whilst pivot 1/2 L
&7&8 Full turn L, ½ Turn L , step RF back, ½ Turn L , Step LF forward - Close RF together - Step RF forward (3:00)

Tag : on wall 2 at 03:00, wall 4 at 09:00, wall 7 at 09:00

Restart : on wall 5 (16c) start dance at 06:00

Happy Dance :

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