

Light Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate NC
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音乐: Run - Leona Lewis



No tag and no restart

I. BASIC NC, ¼ L FORWARD, WEAVE, 1/8 R FORWARD, ½ R, FULL TURN

1-2& Long step R to side, step L slightly behind R, cross R over L
3-4& ¼ Turn left step L forward while sweep R, cross R over L, step L to side (9.00)
5-6& Step R back while sweep L, cross L behind R, step R to side
7-8& 1/8 Turn right step L forward, ½ turn right step R in place, ½ turn right step L back

II. 3/8 R, SWAY R-L, DIAMOND

1-2 3 1/8 Turn right step R to side, recover on L (3.00)
3-4& Step R to side, 1/8 turn left step L back, step R back
5-6& 1/8 Turn left step L to side, 1/8 turn left step R forward, step L forward
7-8 1/8 Turn left step R to side, recover on L while hitch R (9.00)

III. LUNGE R, ¼ L CROSS, SIDE, COASTER STEP, PRISSY WALK R-L

1-2 Lunge R to side, ¼ turn left step L in place (6.00)
3&4 Cross R over L, recover on L, step R to side
5&6 Step L back, close R beside L, step L forward
7-8 Cross R forward slightly over L, cross L forward slightly over R

IV. FORWARD HITCH, ¼ L, ¼ R, ½ R PIVOT, FULL TURN L, ½ L

1-2-3 Step R forward while hitch L, ¼ turn left step L to side (3.00), ¼ turn right step R in place
4&5 Step L forward, ½ turn right step R in place, step L forward (12.00)
6&7 ½ Turn left step R back, ½ turn left step L forward, step R forward
&8& ½ Turn left step L in place, step R forward, close L beside R (6.00)

Enjoy the dance!!

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