

The Door

拍数: 32 墙数: 4 级数: Beginner
编舞者: Emma Pearce (UK) - February 2024
音乐: The Door - Teddy Swims



(32 Count intro, start on vocals)

No Tags or Restarts!!!

Section 1 (counts 1-8) Cross Rock R, Recover L; Chasse R; Cross Rock L, Recover R; Chasse 1/4 Turn L

1 - 2 Cross rock R over L, recover weight on L
3 & 4 Step R to R side, step L beside R, step R to R side
5 - 6 Cross rock L over R, recover weight on R
7 & 8 Step L to L side, step R beside L, step 1/4 Turn L (9 o'clock)

Section 2 (counts 9-16) R Toe Strut Forward, L Toe Strut Forward; R Rocking Chair

1 - 2 Touch R toe forward, drop heel to the floor
3 - 4 Touch L toe forward, drop heel to the floor
5 - 6 Rock forward on R, recover weight on L
7 - 8 Rock back on R recover weight on L

Section 3 (counts 17-24) Reverse Rumba Box

1 - 2 Step R to R side, step L beside R
3 - 4 Step back on R, touch L next to R
5 - 6 Step L to L side, step R beside L
7 - 8 Step forward on L, touch R next to L

Section 4 (counts 25-32) 2 x 1/4 R Monterey Turns

1 - 2 Point R toe to R side, 1/4 turn R stepping R next to L
3 - 4 Point L toe to L side, step L beside R (12 o'clock)
5 - 6 Point R toe to R side, 1/4 turn R stepping R next to L
7 - 8 Point L toe to L side, step L beside R (3 o'clock)

Ending

Replace the last 4 counts of Section 4 on wall 13 facing 12 o'clock:
Point R toe to R side, step R beside L; Point L toe to L side, step L beside R.
Step forward R to finish.

Email: Emjoanpearce@gmail.com