

# Z Rockin' K-Love

COPPER KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Easy Beginner  
编舞者: Ruth Ann Strickland (USA) - February 2024  
音乐: I Feel the Love - Sly & The Family Stallone



## #8 Counts Intro - No Tag or Restart

Begins with weight on Left Foot:

### Section 1 (Z-Step & Stomp LR)

- 1-4            Side step RF, touch L toe beside RF; Diagonal step bwd at 45 degree angle on LF, touch R toe beside LF
- 5-6            Side Step RF, touch L toe beside RF
- 7-8            Stomp LR (weight shifts to RF)

### Section 2 (Backward Z-Step & Stomp RL)

- 1-4            Side step LF, touch R toe beside LF; Diagonal step fwd at 45 degree angle on RF, touch L toe beside RF
- 5-6            Side step LF, touch R toe beside LF
- 5-8            Stomp RL (weight shifts to LF)

### Section 3 (Rockin' K – Rocking at a diagonal)

- 1-4            Rock fwd diagonally on RF, recover on LF, Rock fwd diagonally on RF, recover on LF
- 5-8            Rock bwd diagonally on RF, recover on LF, Rock bwd diagonally on RF, recover on LF

### Section 4 (2 Curtsey Steps, 2 Hip Bump 1/8 Pivot Turns)

- 1-2            Step RF to right side, touch L toe behind RF
- 3-4            Step LF to left side, touch R toe behind LF
- 5-6            Step R forward bumping right hip at the same time, Turn 45 degrees left bumping left hip at the same time and step on LF
- 7-8            Step R forward bumping right hip at the same time, Turn 45 degrees left bumping left hip at the same time and step on LF (9:00)

### Section 5 (2 Rocking Chairs)

- 1-4            Rock RF fwd, recover on LF, rock RF bwd, recover on LF
- 5-8            Rock RF fwd, recover on LF, rock RF bwd, recover on LF

### Section 6 (Rockin' K – Rocking at a diagonal)

- 1-4            Rock fwd diagonally on RF, recover on LF, Rock fwd diagonally on RF, recover on LF
- 5-8            Rock bwd diagonally on RF, recover on LF, Rock bwd diagonally on RF, recover on LF

I hope you feel the love!

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