

Easy to Miss

拍数: 80 墙数: 1 级数: Improver
编舞者: Nath SASSARO (FR) - February 2024
音乐: Easy to Miss - Old Dominion



Sequences :80 – Tag 1 – 80 -Tag 2 – Restart at SQ5 - Final

Intro: 16 counts approx (10s)

SQ1 (1-8) : Mambo Fwd – Coaster step - (x2)

1&2 Step RF Fwd (1) Recover on LF (&) Step Back on RF (2)
3&4 Step Back on LF (3) Close RF next to LF (&) Step Fwd on LF (4)
5&6 Step RF Fwd (5) Recover on LF (&) Step Back on RF (6)
7&8 Step Back on LF (7) Close RF next to LF (&) Step Fwd on LF (8) 12 :00

SQ2 (9-16):Step Lock Step (x2)- Step- Mambo Fwd- Step Back x2

1&2 Step RF Fwd on R Diag (1) Lock LF behind RF (&) Step RF Fwd on R Diag (2)
&3&4 Step LF Fwd on L Diag (&) Lock RF behind LF (3) Step LF Fwd on L Diag (&) Step RF Fwd (4)
5&6 Step LF Fwd (5) Recover on RF (&) Step Back on LF (6)
7-8 Step Back on LF (7) Step Back on RF (8) 12 :00

SQ3 (17-24): Side Mambo- Pony Steps -Coaster Step

1&2 Side step to R (1) Recover on LF (&) Close RF to LF and sweep LF from Front to Back (2)
3&4 Step Back on LF (3) Recover on RF (&) Step Back on LF with a Hitch of R knee (4)
5&6 Step Back on RF (5) Recover on LF (&) Step Back on RF with a Hitch of L knee (6)
7&8 Step Back on LF (7) Close RF next to LF (&) Step Fwd on LF (8) 12 :00

SQ4 (25-32): Toe Strut – ¼ T -Toe Strut – ¼ T – Step – ¼ T – Cross- ¼ T -Back Step -Side step

1-2 Step on R Toe Fwd (1) drop R heel (weight on R)
3-4 ¼ T to L and step L Toe Fwd (3) Drop L heel (weight on L)
5&6 Step Fwd on RF (5) ¼ T to L (&) Cross RF over LF (6)
7-8 ¼ T to R stepping back on LF (7) 1/4 T to R Stepping RF to R (8) 12 :00

SQ5 (33-40): Step Fwd x2 – Step ½ Turn -Step-Step Fwd x2 – Step ½ Turn Step * Wall 3 restarts here*

1-2 Step Fwd on LF (1) Step Fwd on RF (2)
3&4 Step Fwd on LF (3) ½ T to R (&) Step Fwd on LF (4)
5-6 Step Fwd on RF (5) Step Fwd on LF (6)
7&8 Step Fwd on RF (7) ½ T to L (&) Step Fwd on RF (8) 12 :00

SQ6 (41-48): Diag Step Touch (x2)-Side step-Close-Step Fwd-Side step-Close-Step Back-Close

1&2&& Step LF Fwd on Diag L (1) Touch RF next to LF (&) Step RF Fwd on Diag R (2) Touch LF next to RF (&)
3&4 Step LF to L side (3) Close RF next to LF (&) Step Fwd on LF (4)
5-6 Big Step to R side (5) Close LF next to RF (6)
7-8& Step Back on RF (7) Drag LF (8) Close LF to RF (&) (weight on L) 12 :00

SQ7 (49-56): Step Fwd x2 – Step ½ Turn Step -Step Fwd x2 – Step ½ Turn Step

1-2 Step Fwd on RF (1) Step Fwd on LF (2)
3&4 Step Fwd on RF (3) ½ T to L (&) Step RF Fwd (4)
5-6 Step Fwd on LF (5) Step Fwd on RF (6)
7&8 Step Fwd on LF (7) ½ T to R (&) Step Fwd LF (8) 12 :00

SQ8 (57-64):Step Touch (x2) -Side Step- Close- Step Fwd- Side step- Close- Step Back- Touch

- 1&2& Step RF Fwd on Diag R (1) Touch LF next to RF (&) Step LF Fwd on Diag L (3) Touch RF next to LF
3&4 Step RF to R side (3) Close LF to RF (&) Step Fwd on RF (4)
5-6 Big Step to L side (5) Close RF to LF (6)
7-8& Step Back on LF (7) Drag RF (8) Touch RF next to LF (&) 12 :00

SQ9 (65-72):Toes Struts – Cross – Side Step - Touch

- 1-2 Step on R Toe to R as you lift up R hip(1) Drop R heel (2)
3-4 Step on L Toe to L as you lift up L hip(3) Drop L heel (4)
5-6 Cross RF over LF (5) Recover on LF (6)
7-8 Big Step to R side (7) Touch LF next to RF (8) 12 :00

SQ10 (73-80):Toes Struts – Cross – Side Step - Touch

- 1-2 Step on L Toe to L side as you lift up L hip(1) Drop L heel (2)
3-4 Step on R Toe to R as you lift up R hip(3) Drop R heel (4)
5-6 Cross LF over RF (5) Recover on RF (6)
7-8 Step LF to L side (7) Touch RF next to LF (8) 12 :00

Tag 1 (4 counts at the end of wall 1): V Step

- 1-2 Step RF to R Diag (1) Step LF to LF Diag (2)
3-4 Bring RF back IN (3) Close LF next to RF (4)

Tag 2 (32 counts at the end of wall 2)**R Side step – Behind-Side-Cross -Side step -Touch- Side step Bump**

- 1-2 Big side step to R (1-2)
3&4 Cross LF behind RF (3) Step RF to R side (&) Cross LF over RF (4)
5-6 Step RF to R side (5) Touch LF next to RF (6)
7-8 Step LF to L Side and Bump L hip (7) Bump R hip (8) 12 :00

L Side step – Behind-Side-Cross -Side step -Touch- Side step Bump

- 1-2 Big side step to L (1-2)
3&4 Cross RF behind LF (3) Step LF to L side (&) Cross RF over LF (4)
5-6 Step LF to L side (5) Touch RF next to LF (6)
7-8 Step RF to R Side and Bump R hip (7) Bump L hip (8) 12 :00

Big Step - Back Rock (x2)

- 1-2 Big Step on RF to R side (1-2)
3-4 Cross LF behind RF (3) Recover on RF (4)
5-6 Big Step on LF to L side (5-6)
7-8 Cross RF behind LF (7) Recover on LF (8) 12 :00

Step Fwd -Hold-Mambo Fwd-Step back-Sweep-Step Back-Rock Fwd

- 1-2 Step Fwd on RF (1) Hold (2)
3-4 Step Fwd on LF (3) Recover on RF (4)
5-6 Step Back on LF (5) Sweep RF from Front to back
7-8& Step Back on RF bending L knee (7) Rock Fwd on LF (8) Recover on RF 12 :00

And restart at SQ5

Final : Repeat SQ9 and SQ10

A cool dance, on a cool music :-)

Last Update: 5 Mar 2024

