

Out Of My Mind

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Anita Pilkington (AUS) - February 2024
音乐: Out of Sight - Midland



Commence on vocals

Right Heel, Left Heel, Rocking Chair

- 1 – 2 Right heel forward, right heel back together next to left
- 3 – 4 Left heel forward, left heel back together next to right
- 5 – 6 Step forward on right, recover onto left,
- 7 – 8 Step back on right recover onto left

Modified K-Step

- 1 – 2 Step right forward to right diagonal, touch left next to right
- 3 – 4 Step left back to left diagonal, touch right next to left
- 5 – 6 Step right back to $\frac{1}{4}$ turn right touch left next to right
- 7 – 8 Step left touch right next to left

Side Shuffle Right Rock Back, Side Shuffle Left Rock Back

- 1 & 2 Step right to right, step left together, step right to right
- 3 – 4 Rock left behind right, recover on right
- 5 & 6 Step left to left, step right together, step left to left
- 7 – 8 Rock right behind left, recover on left

2 x $\frac{1}{4}$ Pivot, V step

- 1 – 4 Step forward on right pivot $\frac{1}{4}$ turn on left, Step forward on right pivot $\frac{1}{4}$ turn on left
- 5 – 8 Step forward right to right side, step forward left to left side, Step back on right, step back on left together.

No Tags or Restarts

Last Update – 25 Mar. 2024 – R2
