

# Powerful Women

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
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音乐: Powerful Women - Pitbull & Dolly Parton



For the Intro: Start 16 counts in (0:8 secs)

## S1: Side Rock, Recover, Together, Switch L&R, Cross Sailor ¼ Turn R, Shuffle Forward

1,2&      RF rock R, LF Recover, RF step next to LF  
3&4      LF point L, LF step next to RF, RF point R  
5&6      RF cross over LF, ¼ turn R and LF step back (3:00), RF step forward  
7&8      LF step forward, RF step next to LF, LF step forward

## S2: Rock Forward, Recover, Full Turn Back R, R Pony Back, Heel Switch R&L

1,2      RF rock R, LF Recover  
3,4      ½ turn R and RF step forward, ½ turn R and LF step back (3:00)  
5&6      RF step back hitching L knee up, LF step next to RF, RF step back hitching L knee up  
&7&      LF step back, RF touch heel forward, RF step next to LF  
8&      LF touch heel forward, LF step next to RF

## S3: R&L Dorothy Steps, Rock Forward, Recover, Full Turn Back R

1,2&      RF step forward to R diagonal, LF lock behind RF, RF step forward to R diagonal  
3,4&      LF step forward to L diagonal, RF lock behind LF, LF step forward to L diagonal  
5,6      RF rock forward, LF Recover  
7,8      ½ turn R and RF step forward, ½ turn R and LF step back (3:00)

## S4: ¼ Turn R Big Step R, Slide L, Ball Cross, ¼ Turn L, Scuff, Jazz Box ¼ Turn R, Cross

1,2      ¼ turn R and RF step big step R (6:00), LF slide towards RF  
&3,4      Ball of LF step next to RF and back, RF cross over LF, ¼ turn L and LF step forward (3:00)  
5,6      RF scuff forward, RF step forward  
7&8      ¼ turn R and LF step back (6:00), RF step R, LF cross over RF

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