

15 Minutes

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gail Smith (USA)
音乐: 15 Minutes - Rodney Atkins : (CD: It's America - iTunes)



Dance starts after 38 seconds

HEEL, HOOK, HEEL, HOOK, KICK, BALL, CHANGE, PIVOT ½

- 1-2 Touch right heel forward, hook right in front of left shin
- 3-4 Repeat 1-2
- 5&6 Right kick ball change
- 7-8 Step right forward, pivot turn ½ left (weight on left) (6:00)

STEP, TOUCHES WITH CLAPS, ¼ TURN STEP, TOUCHES WITH CLAPS

- 1-2 Step right to forward diagonal right, touch left together and clap
- 3-4 Step left back diagonal left, touch right together and clap
- 5-6 Turn ¼ to right, step right to side, touch left together and clap
- 7-8 Step left to side, touch right together and clap (9:00)

RIGHT LOCK STEP, TURN HITCH, LEFT LOCK STEP

- 1-2 Step right forward, step left on right side of right
- 3-4 Step right forward, turn ½ left, hitching left in front of the right shin
- 5-6 Step left forward, step right on left side of left
- 7-8 Step left forward, scuff right (3:00)

JAZZ BOX, STOMP, HOLD, STOMP, HOLD

- 1-2 Cross right over left, step left back
- 3-4 Step right to side, step left together
- 5-6 Stomp right forward, hold/clap
- 7-8 Stomp left forward, hold/clap (3:00)

REPEAT
