

Spanish Disco Party Dance

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner / Beginner
编舞者: Helaine Norman (USA) - February 2024
音乐: Spanish Disco, House Punkz: (Playlist 70s Spanish Disco on Spotify by Martin F. Martorell)



Intro: 16 - No tags or restarts

Notes: This dance will go to many disco songs.

I. HUSTLE WALK

1-4 Walk forward R L R, point L side

5-8 Walk back L R L, touch R together

Styling for arms for 1-4: Raise right arm and hand with index finger pointing to right diagonal while left arm and hand is pointing down to left diagonal.

II. BASIC VINE; TOUCH, HITCH, TOUCH, HITCH

1-4 Step R side, step L behind, step R side, touch L together

5-6 Touch L side, hitch L knee (or touch L together)

7-8 Touch L side, hitch L knee (or touch L together)

Optional for 1-4: Basic: Step R side, step L together, step R side, touch L together

III. BASIC VINE; TOUCH, HITCH, TOUCH, HITCH

1-4 Step L side, step R behind, step L side, touch R together

5-6 Touch R side, hitch R knee (or touch R together)

7-8 Touch R side, hitch R knee (or touch R together)

Optional for 1-4: Basic: Step L side, step R together, step L side, touch R together

IV. TRIPLE 1/8 R-TURN X2, ROCKING CHAIR

1&2 Making 1/8 turn right step R forward, step L together, step R forward (1:30)

3&4 Making 1/8 turn right step L forward, step R together, step L forward (3:00)

5-8 Rock R forward, recover to L, rock R back, recover to L

Optional for 1-4: Making ¼ turn right walk R L R L (3:00)

Optional styling for hands for 1-4: Make fists and roll one over the other.

REPEAT

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