

# Ulveham (Werewolf)

COPPER KNOB  
STEPSHEETS

拍数: 56      墙数: 4      级数: Phrased Easy Intermediate  
编舞者: Ellen Fyrand (NOR) - February 2024  
音乐: Ulveham - Gåte : (Norways contribution to ESC 2024)



**Part A: 32 Counts Part B: 24 Counts 1 Tag: 4 Counts 3 Restarts**

To be danced: A 32 C, A 16 C, Tag 4 C, R1, B 24 C, A 31 C, R2, B 24 C, A 8 C, R3, B 24 C, A 8 C

## Part A: 32c

### Sec 1: R Shuffle Back, L Shuffle Back, 1/2 Turn L, Pivot 1/2 Turn L, Step

1&2      On R Diag [4:30] Step Back on RF (1), Step LF Beside (&), Step Back on RF (2)  
3&4      On L Diag [7:30] Step Back on LF (3), Step RF Beside (&), Step Back on RF (4)  
5-8      1/2 Turn R and Step FW on RF (5), Step FW on LF (6) [6:00]  
7-8      1/2 Turn R and Step FW on RF (7), Step FW on LF (8) [12:00]

### Sec 2: R Shuffle FW, L Shuffle FW, Jazzbox 1/4 Turn R, Cross

1&2      On R Diag [1:30] Step FW on RF (1), Step LF Beside (&), Step FW on RF (2)  
3&4      On L Diag [10:30] Step FW on LF (3), Step RF Beside (&), Step FW on LF (4)  
5-7      Cross RF in Front (5), Step Back on LF (6), 1/4 Turn R and Step RF to Side (7) [3:00]  
8      Cross LF in Front (8)

**\* On Wall 2 Step FW on count 8, do the 4 C Tag, and Restart with Part B**

### Sec 3: Chassé 1/4 Turn R, Pivot 1/2 Turn R, 1/4 Turn R, Side, Cross, Side, Cross, Side

1&2      Step RF to Side (1), Step LF beside (&), 1/4 Turn R and Step FW on RF (2) [6:00]  
3-4      Step FW on LF (3), 1/2 Turn R and Step FW on RF (4) [12:00]  
5-6&      1/4 Turn R and Step LF to Side (5), Cross RF back (6), Step LF to Side (&) [3:00]  
7-8      Cross RF in Front (7), Step LF to Side (8)

### Sec 4: R Cross Shuffle, Side Rock, L Cross Shuffle, Cross, 1/4 Turn R

1&2      Cross RF in Front (1), Step LF to Side (&), Cross RF in Front (2)  
3-4      Rock LF to Side (3), Recover to RF (4)  
5&6      Cross LF in Front (5), Step RF to Side (&), Cross LF in Front (6)

**\*Restart on W 4: Touch RF on Count 7 and Restart with Part B**

7-8      1/8 Turn R and Cross RF in Front (7), 1/8 Turn R and Step Back on LF (8) [6:00]

**Part B: 24c (1. time starts on 9:00 o'clock, 2. time starts on 3:00 o'clock, 3. time starts on 6:00 o'clock)**

### Sec 1: R Volta Full Turn R, Step, L Volta Full Turn L

1&      Full turn R on a Circle, RF Step FW (1), Step LF Beside (&)  
2&3&4&      Repeat Steps (2&3&4&)  
5      Step FW on RF (5)  
6&      Full Turn L on a Circle, LF Step FW (6), Step RF Beside (&)  
7&8&      Repeat Steps (6&7&8&)

### Sec 2: Step, Shuffle, Sway L-R, Start Fall Away 3/4 Turn L, Cross, Side, Back, Back, Side, Step

1-2&3      Step FW on LF (1), Step FW on RF (2), Step LF beside (&), Step FW on RF (3)  
4-5-6&      Sway L (4), Sway R (5), Cross LF in Front (6), Step RF to Side (&)  
7-8      1/8 Turn L and Step Back on LF (7) [7:30], Step Back on RF (8)  
&1      1/8 Turn L and Step to Side on LF (&) [6:], 1/8 Turn L and Step FW on RF (1) [4:30]

### Sec 3: Continue Fall Away, Step, Side, Back, Back, Side, Step, L Shuffle, Touch R

2&      Step FW on LF (2), 1/8 Turn L and Step RF to Side (&), [3:00]  
3      1/8 Turn L and Step Back on LF (3) [1:30]  
4&5      Step Back on RF (4), 1/8 Turn L and Step LF to Side (&) [12:00], Step FW on RF (5)

6&7-8 Step FW on LF (6), Step RF Beside (&), Step FW on LF (7), Touch RF Beside LF (8)  
**\* 3. time Part B the Fall Away will be a Full Turn, starts and ends on Back Wall!!**

**Tag 4 counts**

1&2-3&4 R Mambo FW, L Mambo BW

**Restart 1: on Wall 2, dance up to count 16, do the Tag, and Restart with Part B, facing 9:00**

**Restart 2: on Wall 4, dance up to count 30, Touch RF on count 31 and Restart with Part B, Facing 3:00**

**Restart 3: facing 6:00 dance Part A up to count 8 and Restart with Part B, starts & ends facing 6:00**

**Ending: starts facing 6:00 dance Part A up to count 8 and make 1/2 Turn R to face 12:00**

**Last Update: 22 Feb 2024**

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