A Girl on the Coast

级数: Improver

编舞者: Shelly Guichard (UK) - February 2024

音乐: Girl On the Coast - Jessie James Decker

Start on vocals approx. 16 count.

拍数: 32

Section 1: Right Mambo Fwd., Left mambo back, Right Lock Fwd. ¼ Right and Cross:

- 1&2 Rock forward on right, recover left, step right next to left.
- 3&4 Rock back on left recover on right, step left next to right.
- 5&6 Lock step forward R-L-R
- 7&8 Step forward on left, 1/4 turn right, cross step left over right (3 O'clock)

Section 2: 1/2 Turn Left. Rhumba Box Fwd. Coater Cross.

- 1&2 Turn ¼ left stepping back on right. Turn ¼ left stepping left to left side. Cross step right over left. (9 O'clock)
- 3&4 Step left to left side. Step right next to left. Step forward left.
- 5&6 Step right to right side. Step left next to right. Step back on right.
- Step back on left. Step right next to left. Cross left over right. (Re Start here on wall 3 facing 3 7&8 O' clock)

Section 3: Weave Right. Right Rock & Cross. Weave Left, Left Rock & Cross:

- 1&2 Step right to right side, cross step left behind right, step right to right side.
- &3&4 Cross step left over right. Rock out right recover left. Cross right over left.
- 5&6& Step left to left side. Cross step right behind left. Step left to left side. Cross step right over left.
- 7&8 Rock out left recover right. Cross step left over right.

Section 4: Vine ¼ Right. ¼ Right & cross. Toe heel step right & left

- 1&2 Step right to right side. Cross step left behind right. ¼ turn right. Stepping forward on right.
- 3&4 Step forward on left. Turn 1/4 turn right. Cross step left over right. (3 O'clock)
- 5&6 Touch right toe beside left foot. Touch right heel forward. Step down on right.
- Touch left toe beside right foot. Touch Left heel forward. Step down on left. 6&8

Start Again.

TAG: At end of wall 6 facing 12 O'clock: Do counts 1 to 4 of the 1st section (mambo's) Then re start the dance from beginning. Restart: Wall 3;

Dance will end facing 6 O'clock wall. To finish on front wall, replace steps 1&2 of section 1 with a mambo 1/2 turn to face 12 O'clock.





墙数:4