

Sleeping Rough

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Isabelle Zabou Milesi (FR), Valérie DEL CAMPO (FR) & David LECAILLON (FR)
- November 2023
音乐: Sleeping Rough - Tom Grennan



Intro: 8 Countss

section 1: WALK R L DIAGONALY R, TRIPLE FWD DIAGONALY R, TRIPLE DIAGONALY L, BALL , TRIPLE DIAGONALY L

1-2 step Rf fwd diagonal ly R, step Lf fwd diagonally L
3&4 step Rf fwd diagonally R , step Lf next to Rf , step Rf fwd
5&6 step Lf fwd diagonally L , step Rf next Lf, step Lf fwd diagonally L
&7&8 step Rf next to Lf, step Lf fwd diagonally L, step Rf next to Lf, step Lf fwd diagonally L
(styling on counts 5&6&7&8 raise your arms from bottom to top)

section2: CROSS, BACK, TRIPLE SIDE, CROSS, BACK, 1/4 TURN TRIPLE L:

1-2 cross Rf over Lf , step Lf back
3&4 step Rf on R side, step Lf next to Rf , step Rf on R side
5-6 cross LF over Rf, step Rf back
7&8 make 1/4 turn L step Lf fwd , step Rf next to Lf , step Lf fwd 9:00

RESTARTS HERE on wall 3 (6.00) and wall 7 (3.00)

changing counts 7&8 triple side on L side(whithout 1/4)

section 3: FULL TURN FWD, MAMBO FWD, COASTER STEP, STEP 1/4 TURN:

1-2 make 1/2 tur L step Rf back , make 1/2 turn L step Lf fwd 9:00
3&4 step Rf fwd, recover onto Lf, step Rf back
5&6 step Lf back , step Rf next to Lf, step Lf fwd
7-8 step Rf fwd , make 1/4 turn L recover onto Lf 6:00

section 4: KICK BALL CROSS, KICK BALL CROSS, ROCK SIDE, BEHIND, 1/4 TURN STEP FWD, TOUCH :

1&2 kick Rf fwd, step Rf beside Lf, cross Lf over Rf
3&4 kick Rf fwd, step Rf beside Lf, cross Lf over Rf
5-6 step Rf on R side, recover onto Lf
7&8 cross Rf behind Lf, make ¼ turn L step Lf fwd , touch Rf next to Lf 3:00

TAG (4 counts): end wall 5 facing 12.00:SIDE, TOUCH, SIDE, TOUCH:

1-2 step Rf on R side, touch Lf next to Rf
3-4 step Lf on L side, touch Rf next to Lf

FINAL: ADD STOMP Rf for the fun

start again with smile

dadouchoregraphe@outlook.fr