

Mess It Up

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Mess It Up (Purple Disco Machine Remix) - The Rolling Stones & Purple Disco Machine



Intro : 32 counts

(I) Cross, Side, Behind, Point, Cross, Turn ¼(2x), Side, Drag

1-2 Cross RF in front of LF(1), Step LF left(2)
3-4 Step RF behind LF(3), Point LF left(4)
5-6 Cross LF in front of RF(5), Turn ¼ left stepping RF back(9:00)
7-8 Turn ¼ left stepping LF left(7)(6:00), Drag RF next to LF(8)

(II) Ball, Walk (L+R), Kick Ball Step, Step Turn, Shuffle

&1-2 Step RF next to LF(&), Step LF forward(1), Step RF forward(2)
3&4 Kick LF forward(3), Step ball of LF next to RF(&), Step RF forward(4)
5-6 Step LF forward(5), Turn ½ right weight on RF now(12:00)
7&8 Step LF forward(7), Close RF next to LF(&), Step LF forward(8)

(III) Step, Lock, Step, Brush, Cross Rock, recover, Turn ¼, Turn 1/2

1-2 Step RF to right diagonal(1), Lock LF behind RF(2)
3-4 Step RF to right diagonal(3), Brush LF forward(4)
5-6 Cross Rock LF in front of RF(5), Recover on LF(6)
7-8 Turn ¼ left stepping LF forward(9:00), Turn ½ left stepping RF back(8)

(IV) Back, Drag, Slow Coaster, Cross Point(2x)

1-2 Step LF back(1), Drag RF back(2)
3-4 Step RF back(3), Close LF next to RF(4)
5-6 Cross RF in front of LF(5), Point LF left(6)
7-8 Cross LF in front of RF(7), Point RF right(8)

Start again

No Tag, No Restart

Have Fun

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