

Pennies From Heaven

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Caroline Cooper (UK) & Julie Snailham (ES) - February 2024
音乐: Pennies from Heaven - Rod Stewart & Jools Holland : (Album: Swing Fever)



Start on Lyrics "Everytime" approx. 28 seconds.

SECTION 1 - TOE STRUT, TOE STRUT, ROCK, RECOVER, CROSS TOE STRUT, SIDE ROCK, BACK ROCK, SIDE ROCK, CROSS (12)

1& Step R toe to R side, drop heel
2& Cross L toe over R, drop heel
3& Rock R to R side, recover to L
4& Cross R toe over L, drop heel
5& Side rock L to L side, recover R
6& Back rock L behind R, recover R
7& Side rock L to L side, recover R
8 Cross L over R

SECTION 2 - FWD RUMBA BOX, SWEEP STEPS, COASTER STEP (12)

1& Step R to R side, close L next to R
2& Step fwd R, touch L next to R
3& Step L to L side, close R next to L
4& Step L back, start sweeping R back
5& Step back on R, sweep L back
6& Step down L, sweep R back
7&8 Step back R, step L next to R, step fwd R

SECTION 3 - BALL WALK WALK, RUN, RUN, RUN, CHARLESTON STEP (3)

&1-2 Step L next to R, step fwd R, step fwd L
3&4 Run around $\frac{3}{4}$ turn RLR over L shoulder
&5-6 Step L next to R, sweep R fwd, step R back
7-8 Sweep L back, Step L fwd

SECTION 4 - OUT IN OUT, BEHIND SIDE CROSS, OUT IN OUT, BEHIND SIDE CROSS (3)

1&2 Point R to R side, touch R next to L, point R to R side
3&4 Cross R behind L, step L to L side, cross R over L
5&6 Point L to L side, touch L next to R, point L to L side
7&8 Cross L behind R, step R to R side, cross L over R

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