

# I Would Walk 500 Miles

**COPPER KNOB**  
BY SHEETS

拍数: 96                      墙数: 2                      级数: Phrased High Beginner  
编舞者: Annette Noel Sweeney (USA) - February 2024  
音乐: I'm Gonna Be (500 Miles) - The Proclaimers



Phrasing: AA, B, AA, B, C, TAG 1, AA, TAG 2, B, CC, B

## PART A (32 COUNTS)

### S1: WALK FORWARD, KICK; WALK BACK, TOUCH

1-4                      Walk forward right, left, right, kick left  
5-8                      Walk back left, right, left, touch right next to left

### S2: GRAPEVINES RIGHT AND LEFT

1-4                      Step right to right side, step left behind right. Step right to right side, touch left next to right  
5-8                      Step left to left side, step right behind left. Step left to left side, touch right next to left

### S3: TOE STRUTS FORWARD (X4)

1-2                      Touch right toe forward, drop right heel as you put weight onto right foot  
3-4                      Touch left toe forward, drop left heel as you put weight onto left foot  
5-6                      Touch right toe forward, drop right heel as you put weight onto right foot  
7-8                      Touch left toe forward, drop left heel as you put weight onto left foot

### S4: TWO ¼ PIVOT TURNS LEFT, JAZZ BOX

1-4                      Step right foot forward, turn ¼ to the left, step right foot forward, turn ¼ to the left  
5-8                      Cross right over left, step left back, step right to side, step left next to right

## PART B (32 COUNTS)

### S1: WALK FORWARD, KICK; WALK BACK, TOUCH

1-4                      Walk forward right, left, right, kick left  
5-8                      Walk back left, right, left, touch right next to left

### S2: WALK FORWARD, KICK; WALK BACK, TOUCH

1-4                      Walk forward right, left, right, kick left  
5-8                      Walk back left, right, left, touch right next to left

### S3: GRAPEVINES RIGHT AND LEFT

1-4                      Step right to right side, step left behind right. Step right to right side, touch left next to right  
5-8                      Step left to left side, step right behind left. Step left to left side, touch right next to left

### S4: TWO ¼ PIVOT TURNS LEFT, JAZZ BOX

1-4                      Step right foot forward, turn ¼ to the left, step right foot forward, turn ¼ to the left  
5-8                      Cross right over left, step left back, step right to side, step left next to right

## PART C (32 COUNTS)

### S1: SIDE STEP TOUCHES (X4)

1-4                      Step right to side, touch left beside right, step left to side, touch right beside left  
5-8                      Step right to side, touch left beside right, step left to side, touch right beside left

**ARMS: Clap hands while touching side to side**

### S2: HALF TURN OVER LEFT SHOULDER IN 8 COUNTS

1-8                      Right foot, left foot, right foot, left foot, right foot, left foot, right foot, left foot

**ARMS: Wave arms side to side at chest level while touching side to side**

### S3: SIDE STEP TOUCHES (X4)

1-4 Step right to side, touch left beside right, step left to side, touch right beside left  
5-8 Step right to side, touch left beside right, step left to side, touch right beside left

**ARMS: Clap hands while touching side to side**

**S4: HALF TURN OVER LEFT SHOULDER IN 8 COUNTS**

1-8 Right foot, left foot, right foot, left foot, right foot, left foot, right foot, left foot

**ARMS: Wave arms side to side at chest level while touching side to side**

**TAG 1: K-STEP**

1-2 Diagonal step forward right, touch left beside right

3-4 Diagonal step back left, touch right beside left

5-6 Diagonal step back right, touch left beside right

7-8 Diagonal step forward left, touch right beside left

**TAG 2: HIP BUMPS (X6), K-STEP**

1-2 Bump hips left

3-4 Bump hips right

5-6 Bump hips left

7-8 Diagonal step forward right, touch left beside right

9-10 Diagonal step back left, touch right beside left

11-12 Diagonal step back right, touch left beside right

13-14 Diagonal step forward left, touch right beside left

**Last Update: 18 Feb 2024**

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