

# In a Rush

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Rhonda Johnson (CAN) - February 2024  
音乐: Run - George Strait



## Section 1: Weave, Cross Rock, Chassé

1,2,3,4      Cross R over L, step L to side, Cross R behind L, Step L to side  
5,6,7&8      Cross R over L, recover on L, chassé to the right

## Section 2: Weave, Cross Rock, ¼ Turn, Sweep

1,2,3,4      Cross L over R, step R to side, Cross L behind R, step R to side  
5,6      Cross L over R, recover on R  
7,8      Turn ¼ left stepping L forward, sweep R forward (9:00)

## Section 3: Cross Rock, Side Rock/Sway, Rock Behind, Side Rock/Sway

1,2      Cross R over L, recover on L  
3,4      Step/sway R to side, recover/sway on L  
5,6      Cross R behind L, recover on L  
7,8      Step/sway R to side, recover/sway on L

## Section 4: Cross Shuffle, Side Rock, Behind-Side-Cross, Side Rock

1&2      Cross R over L, step L slightly to left, step R slightly to left  
3,4      Step L to side, recover on R  
5&6      Step L behind R, step R to side, cross L over R  
7,8      Step R to side, recover on L

**Tag: at the end of wall 3 (3:00), insert the following easy 16 counts:**

## Weave Left, Cross Rock, Step Right, Hold; Weave Right, Cross Rock, Step Left, Hold

1,2,3,4      Cross R over L, step L to side, step R behind L, step L to side  
5,6,7,8      Cross R over L, recover on L, step R to side, hold  
  
9,10,11,12      Cross R over L, step L to side, step R behind L, step L to side  
13,14,15,16      Cross L over R, recover on R, step L to side, hold