

Don't Be a Bitch

拍数: 64 墙数: 2 级数: Intermediate
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音乐: TEXAS HOLD 'EM - Beyoncé



Intro: 24 counts

No tags, 2 restarts (on walls 1 and 4)

[1-8] ROCK, REPLACE, STEP, ½ TURN HITCH, ROCK, REPLACE, STEP, ½ TURN HITCH

1, 2 Rock L fwd; Replace weight back onto R
3, 4 Step L fwd; ½ turn left hitching R foot
5, 6 Rock R fwd; Replace weight back onto L
7, 8 Step R fwd; ½ turn left hitching L foot

[9-16] ROCK, WALK BACK L,R,L,R, ROCK, ROCK, PIVOT 1/2

1, 2 Rock L fwd; Walk R back,
3, 4 Walk L back ; Walk R back
5, 6 Rock L back; Rock R fwd
7, 8 Step L fwd; Pivot ½ turn R keeping weight on L

Option: sweep toes to the side when walking back

(counts 2,3,4: walk R back sweeping L toe fwd and to L, walk L back sweeping R toe fwd and to R, walk R back sweeping L toe fwd and to L)

[17-24] WALK BACK R, L, TOUCH, WALK FWD R,L,R KICK, STEP

1,2 Walk R back; Walk L back
3, 4 Touch R toe back; Walk R fwd
5,6 Walk L fwd; Walk R fwd
7, 8 Kick L fwd; Step L back

[25-32] ROCK, REPLACE, BOX STEP WITH ¼ TURN, BOX STEP WITH ¼ TURN

1,2 Rock R back; Replace weight back onto L
3,4 Cross R over left; Step L to L side wit
5, 6 Step R to R with a ¼ turn R; Step L fwd
7,8 Cross R over L; Step L back with a ¼ turn R

*2nd RESTART here – see notes below

[33-40] ROCK, REPLACE, SHUFFLE WITH 1/4 TURN R, HITCH, CROSS & HEEL, & STEP TOGETHER

1,2 Rock R to right; replace weight back onto L
3&4 Shuffle R,L; R with a ¼ turn R
&5 Hitch L knee; cross L over R
&6 Step R back on the diagonal; touch L heel on L diagonal
&7 Step L beside R; Step R to R
8 Step L beside R

[41-48] STEP, HEEL, TOE, STEP, HEEL, TOE, JUMP, TWIST, TWIST, TWIST, COASTER STEP, STEP

& Step R beside L
1& Touch L heel to L diagonal; Touch L toe down
2 Step R beside L
&3 Touch L heel to L diagonal; Touch L toe down
&4 Step R beside L; Jump both feet together fwd
5&6 On the balls of your feet, twist heels L turning body quarter turn R; twist heels R; twist heels L turning body quarter turn R
7&8& Coaster step R back, L together, R fwd; Step L fwd

***1st RESTART here – see notes below**

[49-56] Rock, Rock, Step, Pivot, hitch slap, Shuffle, Shuffle Shuffle, Clap Clap

1,2 Rock R fwd; Replace weight onto L
3,4 Step R fwd; Pivot ½ turn L, hitching L knee and slapping it with R hand
5&6&7 Shuffle to the L, stepping L to L, R beside L, L to L
&8 Clap hands twice

[57-64] Walk around the world 270 degrees (R,L,R,L), Step, Slap, Step, Slap, Shuffle

1, 2,3,4 Walk R, L, R, L whilst turning 270 degrees R
5& Step R fwd, hitch L knee while turning ½ turn L and slap with R hand
6& Step L fwd, lift R knee and slap R thigh down with R hand
7&8 Shuffle fwd R, L, R

***RESTART 1: On 1st wall, dance up to count 48 and then Step R fwd (count 49) and drag L beside right with a quarter turn L (counts 50,51,52) and restart dancing facing 6 o'clock**

***RESTART 2: On 4th wall, dance up to count 29, and then Step L fwd with ¼ turn R, drag R beside L, Clap hands twice (see breakdown below), and restart dance facing 6 o'clock**

[25-32] ROCK, REPLACE, BOX STEP WITH ¼ TURN, STEP, DRAG, CLAP CLAP

1,2 Rock R back; Replace weight back onto L (counts 25, 26)
3,4 Cross R over left; Step L to L side (counts (counts 27, 28)
5,6 Step R to R with a ¼ turn R; Step L fwd with ¼ turn R (counts 29, 30)
7&8 Drag R beside left, take weight onto R and clap hands twice (counts 31&32)
