

# Totally Crazy

拍数: 32      墙数: 4      级数: Improver  
编舞者: Johnny Martinez (USA) - February 2024  
音乐: Man! I Feel Like A Woman! (Real Hypha Remix) - Shania Twain



**Intro: 8 counts - dance starts after Shania says "Let's go girls"**

**[1-8] Step right, L behind, switch left heel, right touch. Step right, L behind, switch left heel, right touch.**

- 1-2            R foot steps to right on 1, L foot steps behind R on 2.  
&3&4        Weight switches back to R foot on &, L heel kicks out to the left on 3. Hop back to L foot on &, bring R toe touch back together on 4.  
5-6            R foot steps to right on 5, L foot steps behind R on 6.  
&7&8        Weight switches back to R foot on &, L heel kicks out to the left on 7. Hop back to L foot on &, bring R toe touch back together on 8.

**[9-16] Syncopated pony steps backwards, L,R,L,R, bounce 1/2 turn over L shoulder drop, bounce 1/2 turn over R shoulder drop.**

- &1&2&3&4    Weight shift to R foot on & L toe touch on 1, Weight shift to L foot on & R toe touch on 2, Weight shift to R foot on & L toe touch on 3, Weight shift to L foot on & R toe touch on 4.  
5,6,7,8      Slight hop and 1/2 turn on balls of feet over L shoulder with hands going up and over on 5, drop on 6. Slight hop and 1/2 turn on balls of feet over R shoulder with hands going up and over on 7, drop on 8.

**[17-24] Wizard step on R, then Shuffle L, L heel, R heel, L toe, R touch.**

- 1&2            Wizard step forward on your R foot (R,L,R)  
3&4            Shuffle step to the left (L,R,L)  
&5&6        Weight transfer to R foot on &, L heel forward on 5. Weight transfers to L foot on &, R heel forward on 6.  
&7&8        Step slightly forward on R foot on &, L toe touches behind Right heel on 7. Weight back to L foot on &, R toe touch back together on 8.

**[25-32] Walk 3/4 circle over R shoulder, R,L,R,L then shake it right, and shake it left.**

- 1,2,3,4        3/4 circle walk over R shoulder to 9 o'clock wall, R,L,R,L.  
5&6, 7&8      Step out to R and shake hips twice to R on 5&6, shake hips twice to L on 7&8.

**TAG: 16 count tag after walls 3 and 7, just before walls 4 and 8 (Both 3 o'clock wall).**

**[1-8] 360 turn: Step forward on R, hips 1/4 roll L. Step forward on R, hips 1/4 roll L. Step forward on R, hips 1/4 roll L. Step forward on R, hips 1/4 roll L.**

- 1,2            Step forward on R foot on 1, push hips back and roll around 1/4 turn to the L on 2.  
3,4            Step forward on R foot on 3, push hips back and roll around 1/4 turn to the L on 4.  
5,6            Step forward on R foot on 5, push hips back and roll around 1/4 turn to the L on 6.  
7,8            Step forward on R foot on 7, push hips back and roll around 1/4 turn to the L on 8.

**[9-16] V-step, R,L, back together, point R, point L, point R, R hitch.**

- 1,2,3,4        V-step starting with R foot, R out, L out, then back together.  
5&6&7,8      Point R on 5, R recover on &, point L on 6, L recover on &, point R on 7, hitch R on 8.

**Last Update - 14 Feb. 2024 - R1**