

Texas Hold 'Em

拍数: 96 墙数: 1 级数: Beginner
编舞者: Mike Liadouze (FR) - February 2024
音乐: TEXAS HOLD 'EM - Beyoncé



Introduction: 24 counts

Sequence: AAB tag CCD AABB EE CCD AABB E'E'E'E'

Part A:

[1-8] 2x STEP FORWARD, JUMP FORWARD, HOLD, 2x STEP BACK, JUMP BACK, HOLD

- 1-2 Step RF forward, Step LF forward
- 3-4 Jump forward feet shoulder wide hands up or CLAP with contra partner, HOLD
- 5-6 Step RF back, Step LF back
- 7-8 Petit saut back pieds écarté largeur des épaule & SNAP hands down, HOLD

[9-16] 4x STEP ¼ L WITH HIP ROLL

- 1-2 Step RF forward, ¼ turn L with HIP ROLL... Step LF forward
- 3-4 Step RF forward, ¼ turn L with HIP ROLL... Step LF forward
- 5-6 Step RF forward, ¼ turn L with HIP ROLL... Step LF forward
- 7-8 Step RF forward, ¼ turn L with HIP ROLL... Step LF forward

Option: spin lasso with R arm above head

Part B:

[1-8] 2x (POINT ACROSS, POINT SIDE, POINT ACROSS, BIG STEP SIDE)

- 1-2 Touch R toe over LF, Touch R toe side
- 3-4 Touch R toe over LF, Big step RF side
- 5-6 Touch L toe over RF, Touch L toe side
- 7-8 Touch L toe over RF, Big step LF side

[9-16] 2x JAZZ BOX ¼ R

- 1-2 Cross RF over LF, ¼ turn R... Step LF back
- 3-4 Step RF side, Step LF forward
- 5-6 Cross RF over LF, ¼ turn R... Step LF back
- 7-8 Step RF side, Step LF forward

Part C:

[1-8] SHUFFLE FORWARD, SHUFFLE ½ R, SHUFFLE BACK, COASTER CROSS

- 1&2 Step RF forward, Step LF together, Step RF forward & give R hand to contra partner
- 3&4 ½ turn R... Step LF back, Step RF together, Step LF back
- 5&6 Step RF back, Step LF together, Step RF back
- 7&8 Step LF back, Step RF together, Cross LF over RF

[9-16] 2x (SHUFFLE SIDE, ROCK BACK)

- 1&2 Step RF side, Step LF together, Step RF side
- 3-4 Rock step LF back, Recover on RF forward
- 5&6 Step LF side, Step RF together, Step LF side
- 7-8 Rock step RF back, Recover on LF forward

Part D:

[1-8] V-STEP, POINT SIDE, TOUCH, STEP SIDE, TOUCH

- 1-2 Step RF diagonally forward R (OUT), Step LF diagonally forward L (OUT)
- 3-4 Step RF to center (IN), Step LF together (IN)
- 5-6 Touch R toe side, Touch R toe together

7-8 Step RF side, Touch L toe together

[9-16] 2x (STEP SIDE, TOUCH), WALK AROUND ½ L

1-2 Step LF side, Touch R toe together

3-4 Step RF side, Touch L toe together

5-6 ¼ turn L... Step LF forward, ¼ turn L... Step RF forward

7-8 ¼ turn L... Step LF forward, ¼ turn L... Step RF forward

[17-24] V-STEP, POINT SIDE, TOUCH, STEP SIDE, TOUCH

1-2 Step LF diagonally forward L (OUT), Step RF diagonally forward R (OUT)

3-4 Step LF to center (IN), Step RF together (IN)

5-6 Touch L toe side, Touch L toe together

7-8 Step LF side, Touch R toe together

[25-32] 2x (STEP SIDE, TOUCH), WALK AROUND ½ R

1-2 Step RF side, Touch L toe together

3-4 Step LF side, Touch R toe together

5-6 ¼ turn R... Step RF forward, ¼ turn R... Step LF forward

7-8 ¼ turn R... Step RF forward, ¼ turn R... Step LF forward

Part E:

[1-8] 3x STEP FORWARD, POINT SIDE, 3x STEP BACK, POINT SIDE

1-2 Step RF forward, Step LF forward

3-4 Step RF forward, Touch L toe side & CLAP hands together or CLAP with contra partner

5-6 Step LF back, Step RF back

7-8 Step LF forward, Touch R toe side & CLAP x2 (&8)

[1-8] 2x (VINE or ROLLING VINE, TOUCH)

1-2 Step RF side, Step LF behind RF

3-4 Step RF side, Touch L toe side & CLAP

5-6 Step LF side, Step RF behind LF

7-8 Step LF side, Touch R toe together & CLAP x2 (&8)

Option: replace VINE by ROLLING VINE

Part E': Identical to Part E without CLAPS or only with contra partner & ¼ L at the end

TAG :

[1-4] JUMP FORWARD, STEP ½ L

1-2 Jump forward feet shoulder wide hands up, HOLD

3-4 Step RF forward, ½ turn L... Step LF forward

Danse made to try in contra ! ☐

Thanks Toinette for suggesting the music !

Have FUN !!! ☐

Last Update: 8 Mar 2024
