

Million Little Band aids

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Magali CHABRET (FR) - February 2024
音乐: Million Little Band aids (feat. Zac Brown Band) - Caroline Jones



#18 counts intro (10 sec)

S1 – JAZZ BOX 1/8 TURN R, ROLLING FULL TURN 1 ¼ L, TRIPLE STEP FWD

1-2-3 Body facing 1:30, cross Rf over Lf – step Lf back – turn 1/8 R stepping Rf to R side (3:00)
4 Touch Lf next to Rf
5-6 Turn 1/4 L stepping Lf forward – turn 1/2 L stepping Rf back (6:00)
7&8 Turn 1/2 L stepping Lf forward – step Rf beside Lf – step Lf forward (12:00)

S2 – ROCK STEP FWD, & POINT FWD, HOLD, & ROCK STEP FWD, BACK TRIPLE STEP

1-2 Rock Rf forward – recover onto Lf
&3-4 Close Rf next to Lf – point Lf forward – hold
& Close Lf next to Rf **
5-6 Rock Rf forward – recover onto Lf
7&8 Step Rf back – step Lf beside Rf – step Rf back

S3 – UNWIND ½ L, PIVOT ¼ L, CROSS SHUFFLE, ¼ TURN R, STEP SIDE

1-2 Touch L toes back – unwind 1/2 turn L taking weight on Lf (6:00)
3-4 Step Rf forward – pivot 1/4 turn L (3:00)
5&6 Cross Rf over Lf – step Lf to L side – cross Rf over Lf
7-8 Turn 1/4 R stepping Lf back – step Rf to R side (6:00)

S4 – CROSS SHUFFLE, DIAG FWD ROCK STEP, COASTER STEP, STEP, SWEEP

1&2 Cross Lf over Rf – step Rf to R side – cross Lf over Rf
3-4 Rock Rf diagonally forward right – recover onto Lf (7:30)
5&6 Step Rf back – close Lf next to Rf – step Rf forward (7:30)
7-8 Step Lf forward – sweep Rf from back to front (7:30)

TAG comes twice : after wall 2, facing 1:30, after wall 6, facing 7:30 :

1-2 Step Rf forward – point L toes to L side
3-4 Step Lf forward – point R toes to R side

TAG / RESTART: wall 4 starts facing 7:30. Dance until « Section 2, count 4& », then add :

1-2 Stomp Rf forward – stomp Lf forward

Then restart the dance from the beginning

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr

Fiche originale de la chorégraphie. Merci de ne pas modifier ces pas de quelque manière que ce soit.