

Fria

拍数: 32 墙数: 4 级数: Beginner
编舞者: Astri Dwi (INA) - February 2024
音乐: Fría - Enrique Iglesias & Yotuel



No Tag No Restart

S1 SWAYS, ROCKING CHAIR

1 - 4 Step R to R with Sway R-L-R-L
5 - 8 Rock R forward - Recover on L - Rock R back - Recover on L

S2 PADDLE TURN 1/8 LEFT (4X), ROCKING CHAIR

1&2& Step R forward - Turn 1/8 weight on L - Step R forward - Turn 1/8 left weight on L
3&4& Step R forward - Turn 1/8 left weight on L - Step R forward - Turn 1/8 weight on L
5 - 8 Rock R forward - Recover on L - Rock R back - Recover on L

S3 FORWARD LOCK SHUFFLE, PIVOT 1/2, FORWARD LOCK SHUFFLE, HEEL TOUCHES

1&2 Step R forward - Cross L behind R - Step R forward
3 - 4 Turn 1/2 Right - Weight on R
5&6 Step L forward - Cross R behind L - Step L forward
7 - 8 Touch R heel diagonal forward - Touch R heel to side

S4 TURN 1/4 RIGHT, TOE STURT, IN PLACE, TOE STURT, BACK, BACK, TOGETHER

1&2 Turn 1/4 right step R behind L - Step L together - Step R forward
3 - 4 Touch L forward - Step In place
5 - 6 Touch R forward - Step R back in place
7 - 8 Step L back - Touch R together

Happy Dance
