

Four Letter Word

拍数: 40 墙数: 2 级数: Intermediate
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音乐: love is just a word - Jasmine Thompson & Calum Scott



Intro : 8 Counts - 1 tag, no restarts

I. BACK & SWEEP, BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS & SWEEP, CROSS, TOUCH, BACK & SWEEP, BEHIND, TURN 1/4 R

- 1-2& - Step back on RF and sweeping LF from front to back (1), Step LF behind RF (2), Step RF to R side (&)
- 3-4& - Rock cross LF over RF (3), Recover on RF(4), Step LF to L side (&)
- 5-6& - Cross RF over LF and sweeping LF from back to front (5), Cross LF over LF (6), Touch RF behind LF (&)
- 7-8& - Step back on RF and sweep LF from front to back (7), Step LF behind RF (8), 1/4 turn right Stepping RF forward (&) 3.00

II. FORWARD & SPIRAL FULL TURN R, FORWARD ROCK, RECOVER, COASTER STEP & SWEEP, CROSS, SIDE, 1/8 L, BACK, BACK, 3/8 L

- 1-3 - Step LF forward and spiral full turn right(1), Rock forward on RF (2), Recover on LF (3)
- 4&5 - Step back on RF (4), Step LF next to RF (&), Step RF forward and sweeping LF from back to front (5)
- 6&7 - Cross LF over RF (6) Step RF to R side(&) 1/8 turn L Stepping back on LF (7)
- 8& - Step back on RF(8), 3/8 turn L Stepping LF forward (&) 9.00

III. 1/4 L BASIC NC, LUNGE, HITCH, KICK DIAGONAL, DIAMOND 1/4 L

- 1-2& - 1/4 Turn left stepping RF to R side (1), Step LF slightly behind RF (2), Cross LF over RF
- 3-4& - Step LF to L side and lunge LF (3), Hitch on RF (4), Kick RF forward to diagonal (&) 1.30
- 5-6& - Step RF forward (5), Step LF forward (6), 1/8 Turn left stepping RF to R side (&) 12.00,
- 7-8& - 1/8 Turn left Stepping back on LF (7) 10.30, Step RF back (8), 1/8 Turn left Stepping LF to L side (&) 9.00

Tag here on wall 5

IV. WALK RLR, CHASE TURN R, 1/2 L, 1/4 L, CROSS & SWEEP, CROSS, SIDE

- 1-3 - Step RF forward (1), Step LF forward (2), Step RF forward (3)
- 4&5 - Step LF forward (4), 1/2 turn right stepping RF in place (&), step RF forward (5)
- 6&7 - 1/2 Turn left stepping back on RF (6), 1/4 turn left stepping LF to side (&), cross RF over LF and sweep from back to front (7),
- 8& - Cross LF over RF (8), step RF to R side

V. BACK AND HITCH, BEHIND, SIDE, FORWARD, PIVOT 1/4 RIGHT, CROSS, 1/4 L, 1/2 L, FORWARD, FORWARD & DRAG

- 1-2& Step back on LF and hitch on RF (1), cross RF behind LF (2), step LF to L side (&)
- 3-4& Step RF forward (3), step LF forward (4), 1/4 turn Right stepping RF in place (&)
- 5-6& Cross LF over RF (5), 1/4 turn left stepping back on RF (6), 1/2 turn left stepping LF forward (&)
- 7-8 Step RF forward (7), step LF forward and drag to Lf (8)

Note :

*Tag 4 counts on wall 5 after 24 counts

*3/4 R WALK AROUND

- 1-2 - Turn 1/8 right stepping LF forward (1),turn 1/4 right stepping RF forward (2),(7:30)
- 3-4 - Turn 1/4 right stepping LF forward (3), turn 1/8 right stepping RF forward(4) (12:00)

Enjoy your dance everyone

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