

How Long is Forever

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver - Rumba
编舞者: Judy Rodgers (USA) - February 2024
音乐: How Long Is Forever - Cliff Richard : (amazon)



#16 count intro - no tags or restarts

S1: Side together, turn 1/8 R shuffle, rock recover, turn 1/2 L step, hold

1-2 Step R to right side, step L beside R
3&4 Turn 1/8 R step R fwd, step L beside R, step R fwd 1:30
5-6 Rock L fwd, recover R
7-8 Turn 1/2 L step L fwd, hold 7:30

S2: Turn 1/8 L rock recover, cross and cross, side behind, turn 1/4 L step, hold

1-2 Turn 1/8 L rock R to right side, recover L 6:00
3&4 Cross R over L, step L to left side, cross R over L
5-6 Step L to left side, step R behind L
7-8 Turn 1/4 L step fwd L, hold 3:00

S3: Walk walk, mambo step, cross turn 1/4 L, turn 1/4 L, point

1-2 Walk fwd R, L
3&4 Rock R fwd, recover L, step R beside L
5-6 Cross L over R, turn 1/4 L step R back 12:00
7-8 Turn 1/4 L step L to left side, point R to right side 9:00

S4: Cross, turn 1/4 R back, turn 1/2 R shuffle fwd, side together fwd hold

1-2 Cross R over L, turn 1/4 R step L back 12:00
3&4 Turn 1/2 R shuffle fwd R L R 6:00
5-6 Step L to left side, step R beside L
7-8 Step L fwd, hold
