

# The Heat Is On

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Easy Improver  
编舞者: Anna Molitor (DE) - February 2024  
音乐: The Heat Is On - Glenn Frey



**Intro: 4x8 Counts (Start with the vocals on „ON“)**

**Restarts: Wall 4 after Count 24; Wall 8 after Count 24**

**Tag: Wall 5 after Count 32; Wall 9 after Count 32**

1 2                      Double Heel Point with RF forward  
3 4                      Double Tap with RF crossing the left foot

**Section 1: K-Step; Flick**

1 2                      RF diagonal forward, LF touch to RF (Double Clap on 2&)  
3 4                      LF diagonal backwards, RF touch to LF (Clap on 4)  
5 6                      RF diagonal backwards, LF touch to RF (Double Clap on 6&)  
7 8                      LF diagonal forward, flick right foot back behind left leg (Clap on 8)

**Section 2: Side; Behind Cross; Side; Walk forward; Walks and Points**

1 2                      RF Step to right side, LF Step behind RF  
3 4                      RF Step to right side and turn ¼ to right, LF Walk forward  
5 6                      RF Step forward, LF Point to left side  
7 8                      LF Step forward, RF Point to right side

**Section 3: Jazz Box; Heel Bounces**

1 2                      Cross RF over LF, Step LF back  
3 4                      RF Step forward, turn ¼ to right and step LF forward  
5 6                      RF Step forward, Bounce heels  
7 8                      Bounce heels twice and turn ¼ to left

**Section 4: Weave; Rocking Chair**

1 2                      Cross RF over LF, LF Step to left side  
3 4                      Cross RF behind left, LF Step to left side and turn 1/8 to left  
5 6                      Rock RF diagonal forward, Recover on LF  
7 8                      Rock RF back, Recover on LF

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