

The Older I Get EZ

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mama G (MY) - February 2024
音乐: The Older I Get - Alan Jackson
或: Amazed - Lonestar



Intro The Older I Get: 32 counts
Intro Amazed: 8 counts

NO TAGS, NO RESTARTS

PART 1: RIGHT WEAVE RONDE, LEFT WEAVE RONDE

1-4 Cross RF over LF, step LF to left side, step RF behind LF, hold
5-8 Sweep LF behind right, step RF to right side, step LF across right, hold

PART 2: ROCKING CHAIR, RUMBA BOX

1-4 Sweep RF forward into a rocking chair, recover on LF, rock RF back, recover onto LF
5-8 Step RF to right, step LF beside RF, step RF forward (hold), or touch in LF beside RF(option)

PART 3: ROCKING CHAIR, RUMBA BOX

1-4 Rock forward LF, recover onto RF, rock LF back, recover onto RF
5-8 Step LF to left, step RF beside LF, step LF back (hold), or touch in RF beside LF(option)

PART 4: ¼ LEFT PIVOT TOUCH, ROCK RECOVER CROSS

1-4 Step RF forward, pivot ¼ left, cross RF over left (hold), or touch in LF(option)
5-8 Rock LF to left, recover onto RF, cross LF over right, hold.

REPEAT DANCE

Enjoy and happy dancing!

Last Update: 18 Mar 2025
