

My Dancing Feet

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Fred Whitehouse (IRE) & Jannie Tofte Stoian (DK) - February 2024
音乐: Dancing Feet - Tim Gallagher



Intro: 8 counts intro (app. 5 sec. into song) Start with lyrics.

Note: No tags, no restarts □

[1-8] Back sweep x2, Behind side cross, Scissor step, ¼ ¼ R, Cross

1-2 Step L back sweeping R from front to back (1), step R back sweeping L from front to back (2) 12:00
3&4 Cross L behind R (3), step R to R side (&), cross L over R (4) 12:00
&5-6 Step R to R side (&), close L next to R (5), cross R over L (6) 12:00
7&8 Turn ¼ R stepping L back (7), turn ¼ R stepping R to R side (&), cross L over R (8) 06:00

[9-16] Hip roll, Hip roll ¼ R, Kick ball step, Sweep ¼ L, Cross, Swing walks

1-2 Step R to R side rolling hips back from L to R (1), bump L hip towards L diagonal (2) 06:00
3 Step down on L rolling hips backward from R to L, while turning ¼ R (3) 09:00
4&5 Kick R forward (4), step down on R (&), step L forward while sweeping R back to front and turning ¼ L (5) 06:00
6 Cross R over L (6) 06:00
7&8 Step L to L side grinding R heel, toes fanning R (7), drag R towards L (&), step R to R side grinding L heel, toes fanning L (8) 06:00

[17-24] Extended syncopated weave, Sweep pop, Chassé ¼ L, Step tic toc ½ L

1&2 Cross L behind R (1), step R to R side (&), cross L over R (2) 06:00
&3-4 Step R to R side (&), cross L behind R sweeping R from front to back (3), cross R behind L popping L knee (4) 06:00
5&6 Step L to L side (5), step R next to L (&), turn ¼ L stepping L forward (6) 03:00
7&8 Step R forward, swivel L heel ½ L, swivel R heel ½ L (weight R) 09:00

[25-32] Back touch x2, Coaster step, Fan/sweep, Hitch ball step ½ R, ½R

&1&2 Step L back (&), touch R next to L (1), step R back (&), touch L next to R (2) 09:00
3&4 Step L back (3), step R next to L (&), step L forward (4) 09:00
5-6 Fan/sweep R toe forward and out to R side (5), bring R next to L hitching R up and raising up on ball of L foot (6) 09:00
&7-8 Step down on R (&), step L forward (7), turn ½ R stepping onto R (8) 03:00
1 Turn ½ R stepping L back sweeping R from front to back (1)

This is the beginning of the dance 09:00

Ending:

Dance up until counts 11 on wall 8 – then add the following

4&5 Kick R forward (4), step down on R (&), step L forward while sweeping R back to front (5) 12:00
6 Cross R over L (6) 12:00
7&8 Step L to L side grinding R heel, toes fanning R (7), drag R towards L (&), step R to R side grinding L heel, toes fanning L (8) 12:00