

Mon Amour

拍数: 64 墙数: 2 级数: Advanced
编舞者: Marlon Ronkes (NL) & Romain Brasme (FR) - February 2024
音乐: Mon amour - Slimane



Intro: Start Immediately on Lyric « Amour»

SEC 1 Back Rock, ½ Back, Back Rock, ½ Back, ¼ Side, Drag

- 1-2& Rock right back, recover weight onto left, turn ½ left step right back (6:00)
- 3-4& Rock left back, recover weight onto right, turn ½ right step left back (12:00)
- 5 Turn ¼ right step right to right bending right knee (3:00)
- 6-7-8 Drag left towards right over 3 counts

SEC 2 Cross Sweep, Weave Sweep, Behind, Side, ¾ Walk Around

- 1 Cross left over right sweeping right from back to front
- 2&3 Cross right over left, step left to left, step right behind left sweeping left from front to back
- 4& Step left behind right, step right to right
- 5-6 Turn ⅛ right step left forward, turn ¼ right step right forward (7:30)
- 7-8 Turn ¼ right step left forward, turn ⅛ right step right forward (12:00)

SEC 3 Cross Rock, Side, Cross Rock, ¼ Step, ½ Attitude Turn, Kick, Together, Flick, Step

- 1-2& Cross rock left over right, recover weight onto right, step left to left
- 3-4& Cross rock right over left, recover weight onto left, turn ¼ right step right forward (3:00)
- 5 Turn ½ right lifting left leg to attitude position (9:00)
- 6 Kick left forward
- 7-8 Step left beside right flick right back, step right forward

SEC 4 ½ Pivot, ¾ Spiral, Full Rolling Turn, Side Drag, ⅛ Contract

- 1-2 Pivot ½ left transferring weight on to left over 2 counts (3:00)
- 3 Spiral ¾ turn right hooking right over left (12:00)
- 4&5 Turn ¼ right step right forward, turn ½ right step left back, turn ¼ right step right to right (12:00)
- 6-7 Transfer weight onto left dragging right towards left over 2 counts
- 8 Turn ⅛ left bending both knees contracting body (10:30)

SEC 5 Arm Movements Straightening knees, ⅛ Nightclub Basic, Nightclub Basic

- 1-4 Straighten both knees circle both arms from back to front over 4 counts
- 5-6& Turn ⅛ right step right to right, step left beside right, cross right over left (12:00)
- 7-8& Step left to left, step right beside left, cross left over right

SEC 6 ¼ Back, Back, Back, ½ Step, Step, ¾ Extended Weave, ¼ Step, ½ Back

- 1 Turn ¼ left step right back
- 2&3 Step left back, step right back, turn ½ left step left forward (3:00)
- 4 Step right forward
- 5e&a Turn ⅛ right cross left over right, step right to right, turn ⅛ right step left behind right, step right to right (6:00)
- 6e&a Turn ⅛ right cross left over right, step right to right, turn ⅛ right step left behind right, step right to right (9:00)
- 7e& Turn ⅛ right cross left over right, step right to right, turn ⅛ right step left behind right (12:00)
- 8& Turn ¼ right step right forward, turn ½ right step left back (9:00)

SEC 7 Back Rock, ½ Back, Back Rock, Step, Lunge Drag

- 1-2& Rock right back, recover weight onto left, turn ½ left step right back (3:00)

3-4& Rock left back, recover weight onto right, step left forward
5 Lunge right to right diagonal
6-7-8 Drag left towards right over 3 counts taking weight on to left

SEC 8 ½ Turn, Full Pose Turn, ½ Back Hitch, ½ Step, Step, ½ Pivot, Hold, Recover, ¾ Together

1 Turn ½ right step right forward hitching left knee (9:00)
2& Turn ½ right step left back, turn ½ right step right forward (9:00)
3 Turn ½ right step left back hitching right knee (3:00)
4&5 Turn ½ right step right forward, step left forward, pivot ½ right keeping weight on left (3:00)
6 Hold
7-8 Transfer weight onto right, turn ¾ left step left beside right

Last Update: 7 Feb 2024
