If I EverLeave

拍数: 72

级数: Phrased Intermediate

编舞者: Rachelle Wieczorek (USA) - January 2024

音乐: Everleave - Alexandra Kay

Phrasing: intro -A - B - C - B - (A) - A - B - C - B - C - T - C - B - T - B - outro

PART A: 24 counts

Step Cross Side-Rock-Cross L then R plus Wandering 1/2 Turn

1-2	LF step side, RF side diagonal forward and across LF (facing 11:30)
3&4	LF side rock left, replace weight on RF, step LF across RF (body angle at 1:30)
5-6	RF step side, LF side diagonal forward and across RF
7&8	RF side rock left, replace weight on LF, step RF across LF (body angle at 11:30)
9-12	Walk in a half circle L-R-L-R (9:00, 7:30, 6:00, 4:30)

13-24 Repeat steps 1-12

PART B: 16 counts

Forward Walk and Coaster, Backward Walk and Coaster

- 1-2, 3&4 LF walk forward, RF walk forward, Coaster Step: LF forward, RF together, LF back
- 5-6, 7&8 RF walk backward, LF walk backward, Coaster Step: RF back, LF together, RF forward

Walk, Shuffle, Rock Step, Shuffle

1-2, 3&4	LF walk forward, RF walk forward, Shuffle forward L, R, L
5-6, 7&8	RF rock forward, replace weight on LF, Shuffle R, L, R, with 1/2 turn R to face 6:00

PART C: 32 counts

Syncopated Walk, Jazz Box 1/4 Turn Right

- 1&2 LF forward, RF rock side, LF in place
- 3&4 RF forward, LF rock side, RF in place
- 5&6 Repeat 1&2
- 7-8 RF cross over LF, LF step back with 1/4 turn R

Step Cross, Shuffle, Rock, Point Ball Change

- 1-2, 3&4 RF step R, LF cross over RF, shuffle right R-L-R
- 5-6 Back rock RF, replace weight LF, (body angle 7:30)
- 7&8 Point LF toe forward, LF ball step next to RF, weight on RF in place (7:30)

Swagger, Sweep, Step

- 1-2 LF forward (angle body 1/4 L to 4:30) and touch RF toe next to LF
- 3-4 RF forward (angle body 1/4 R to 7:30) and touch LF toe next to RF
- 5-6 LF forward 3/8 turn L, touch RF next to LF (facing side wall)
- 7-8 Weight on the LF, Trace RF toe in a clockwise circle, step on RF on 8

Pivot Turns and Grapevine with Turn

- 1-4 LF forward, 1/2 turn R, LF forward, 1/2 turn R
- 5-8 LF to left, RF step behind, LF to left with 1/4 turn left, RF forward

TAG 4-count (T): With weight on the RF, Trace LF toe in a counter/anti-clockwise circle from 3:00 to 12:00 to 9:00 to 6:00 smoothly like stirring a spoon in a cup. This happens twice in the second half of the song.

RESTART (A): After ABCB the first time, start Part A for these extra 8 beats then RESTART A





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OUTRO: The last part of the song is Part B, Tag, and Part B again – then just LEAVE the floor and walk away with confidence. It is time to leave. <3

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