

# Bonita La Vi

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Improver  
编舞者: Silje Meldal (NOR) - February 2024  
音乐: BONITA - Daddy Yankee



Intro: 16 counts

## [1-8] BOTAFOGO, BOTAFOGO, WALK, WALK, MAMBO STEP

1&2      Cross RF over LF(1) step/rock LF to left(&) recover weight onto RF(2)(12.00)  
3&4      Cross LF over RF(3) step/rock RF to right(&) recover weight onto LF(4)(12.00)  
5-6      Walk forward RF(5) walk forward LF(6)(12.00)  
7&8      Rock RF forward(7) recover back to LF(&) step RF back(8)(12.00)

## [9-16] ½ TURN, ½ TURN, COASTER STEP, ½ TURN, ½ TURN, COASTER STEP

1-2      Turn ½ to left and step LF forward(1) turn ½ to left and step RF back(2)(12.00)  
3&4      Step LF back(3) step RF together(&) step LF forward(4)(12.00)  
5-6      Turn ½ to right and step RF forward(5) turn ½ to right and step LF back(6)(12.00)  
7&8      Step RF back(7) step LF together(&) step RF forward(8)(12.00)\*

## [17-24] SAMBA WHISK, SAMBA WHISK, LOCK/STEP ¼ TURN, SHUFFLE ¼TURN

1a2      Step LF to left(1) rock/step RF back(a) recover to LF(2)(12.00)  
3a4      Step RF to right(3) rock/step LF back(a) recover to RF(4)(12.00)  
5-6      ¼ turn left step LF forward(5) lock/step RF behind LF(6)(09.00)  
7&8      ¼ turn left step LF forward(7) step RF next to LF(&) step LF forward(8)(06.00)

## [25-32] MAMBO/STEP, SHUFFLE ½ TURN, ¼ TURN, STEP, HIP SWAY

1&2      Rock RF forward(1) recover back to LF(&) Step RF back(06.00)  
3&4      Turn ¼ left and step LF to left(3) step RF together(&) turn ¼ left and step LF  
forward(4)(12.00)  
5-8      Turn ¼ left and step RF to right with hip sway(5) sway hip to L-R-L, end with weight on  
LF(6-8)(09.00)

Restart with step change on wall 3 and 7 after 16 counts. Step change:

\*Instead of R coaster, do a rock/step back on RF and recover to LF(15-16).

Restart dance.

Thanks to my dear friend and mentor Tanja Enget for helping me finish the dance♥☐