Kick and Shimmy



编舞者: Linda LeClaire (USA) - February 2024

音乐: Thicc As Thieves - Lauren Alaina & Lainey Wilson



Sequence: A, A, A, A, B, A, B, B, A, A

Part A

Skate Skate Shuffle, Skate Skate Shuffle

1 - 2 Skate R, Skate L

3&4 Shuffle R forward on slight diagonal

5 - 6 Skate L, Skate R

7&8 Shuffle L forward on slight diagonal (12:00)

Pivot turns with forward shuffles

1 - 2 Step R forward, pivot ½ left

3&4 Shuffle forward

5-6 Step L forward, pivot ½ right 7&8 Shuffle forward (12:00)

Vaudevilles R & L

1 – 2 R to right side, step L behind

&3&4 R to right, L heel forward, step L back, cross R over L

5 & 6 L to left side, step R behind

&7&8 L to left, R heel forward, step R back, cross L over R (12:00)

Step back, turn 1/4 L, shuffle Across, Full turn left, Coaster Step

1– 2 Step R in back of L, Turn ¼ left

3&4 Shuffle R over L5 – 6 Full turn left

7&8 Coaster Step (9:00)

Part B

Kick R, Kick L, Hip Bumps X 3

1 – 4 R kick, L kick

5&6&78 Three Hip Bumps RLRL

Lindy Right and Left (keep hands on waistband)

1 & 2 Shuffle to the right

3 – 4 Rock back on L, recover on R

5 & 6 Shuffle to the left

7 – 8 Rock back on R, recover on L

Sway, Sway, Shuffle, Dip hips and place opposite heels forward (as if trying to fit into jeans)

1-2 Sway hips to right, Sway hips to left

3 & 4 Shuffle to the right

5 – 6 Dip hips to left, R heel to right 7 – 8 Dip hips to right, L heel to left

Kick L, Step R behind, 1/4 shuffle, jazz box with touch

1 – 2 Kick L (on diagonal), step L behind R

3 & 4 Turn ¼ right shuffling forward

5 – 8 Jazz box in place, ending with R touch (L over R, step back on R, L to left, touch R next to L)

Optional Styling: On Part B, put your hands on your waistband, as if trying to pull jeans up.

linda.leclaire@yahoo.com