

Electric N-R-G

拍数: 32 墙数: 4 级数: Improver
编舞者: Paul James (UK), Stacie White (UK), Hannah Day (UK) & Layla Stock (UK) -
February 2024
音乐: Electric Energy - Ariana DeBose, Boy George & Nile Rodgers



Intro: 16 Counts (some versions have a 12 count intro) Dance starts on vocals
Note – Tags are danced after walls 4 & 8.

[1-8] Triple Right & Left, Toe Touches x 2.

1&2 Step RF to R (1) Close LF to RF (&) Step RF to R (2)
3&4 Step LF to L (3) Close RF to LF (&) Step LF to L (4)
5,6 Touch R Toe forward (5) Step RF next to LF (6)
7,8 Touch L Toe forward (7) Step LF next to RF (8)

[9-16] Walk Forward, Kick, Step Back, Hold, Step Back, Touch.

1,2,3 Walk forward R,L,R (1,2,3)
4 Kick LF forward (4)
5,6 Big step LF back, dragging RF (5) Continue dragging RF (6)
7,8 Step RF back (7) Touch L Toe next to RF (8)

[17-24] Rock Recover, Cross, Clap, ¼ Turn, Knee Pops x 2.

1,2 Rock LF to L (1) Recover onto RF (2)
3,4 Cross LF over RF (3) Clap hands (4)
5,6 Step RF to R (5) Make ¼ turn L placing weight on LF (6) 9.00
7,8 Step onto RF popping L knee (7) Step onto LF popping R Knee (8)

[25-32] Heel Touch, Together, Step ½ Pivot, V Step with a Touch.

1,2 Touch R Heel forward (1) Step RF next to LF (2)
3,4 Step LF forward (3) Make ½ pivot turn R, weight ending on RF (4) 3.00
5,6 Step LF out to L corner (5) Step RF out to R (6)
7,8 Step LF back & in (7) Touch R Toe next to LF (8)

Tag ¼ Monterey Turns x4. (*Repeat Counts 1-8 to dance tag for 16 Counts*)

1,2 Point R Toe to R (1) Make ¼ turn R closing feet (2)
3,4 Touch L Toe to L (3) Close LF to RF (4)
5,6 Point R Toe to R (5) Make ¼ turn R closing feet (6)
7,8 Touch L Toe to L (7) Close LF to RF (8)

Last Update: 7 Feb 2024