

Forgot Cha

COPPER KNOB
BY SHEETS

拍数: 64 墙数: 4 级数: Low Intermediate
编舞者: John Maguire (AUS) - February 2024
音乐: Forgot About You - Triston Marez : (Spotify and iTunes)



Restart ** Wall 4, Dance to Count 48

Intro: 32 Count

Point R toe to R, step R fwd, 1/2 turn R cha cha cha, rock back on R; recover on L, cha cha cha on spot
1-2-3&4 point right toe to right side, step right forward, 1/2 turn right cha cha cha (LRL) (6 o'clock)
5-6-7&8 rock back right, recover on left, cha cha cha on spot (RLR)

Point L toe to L, step L fwd, 1/2 turn L cha cha cha, rock back on L, recover on R, cha cha cha on spot
1-2-3&4 point left toe to left side, step left forward, 1/2 turn left cha cha cha (RLR) (12 o'clock)
5-6-7&8 rock back left, recover on right, cha cha cha on spot (LRL)

Rock fwd on R, recover on L, 1/2 turn R cha cha cha, rock fwd on L, recover on R, 1/2 turn L cha cha cha
1-2-3&4 rock forward on right, recover on left, 1/2 turn right cha cha cha (RLR) (6 o'clock)
5-6-7&8 rock forward on left, recover on right, 1/2 turn left cha cha cha (LRL) (12 o'clock)

Sway R to R, recover on L, cha cha cha on spot, sway L to L, recover on R, cha cha cha on spot
1-2-3&4 sway right to right, recover on left, cha cha cha on spot (RLR) ##
5-6-7&8 sway left to left, recover on right, cha cha cha on spot (LRL)

Step R to R, step L behind R, 1/4 turn shuffle right, step L fwd, 1/4 turn R on R, cross shuffle L over R
1-2-3&4 step right to right side, step left behind right, 1/4 turn right shuffle forward (3 o'clock)
5-6-7&8 step left forward, 1/4 turn right on right, cross shuffle left over right (6 o'clock)

Step R 1/4 L, step L 1/4 L, cross shuffle R over L, step L to L, step R behind L, 1/4 L shuffle fwd **
1-2-3&4 step right 1/4 turn left, step left 1/4 turn left, cross shuffle right over left (12 o'clock)
5-6-7&8 step left to left, step right behind left, 1/4 turn left shuffle forward ** (9 o'clock)

Step R fwd, 1/2 pivot L on L, R shuffle fwd, (full turn) step L 1/2 turn R, step R 1/2 R, L shuffle fwd
1-2-3&4 step right forward, 1/2 pivot left on left, right shuffle forward (RLR) (3 o'clock)
5-6-7&8 step left forward 1/2 turn right, step right forward 1/2 turn right, left shuffle forward (LRL)

Step R at 45 deg fwd, drag L to R, cha cha cha on spot, step L at 45 deg fwd, drag R to L, cha cha cha on spot
1-2-3&4 step right 45 degrees forward, drag left to right, cha cha cha on spot (RLR)
5-6-7&8 step left 45 degrees forward, drag right to left, cha cha cha on spot (LRL)

Finish : Wall 6 facing 9 o'clock....

Dance to Count - 27&28 cha cha cha on spot (RLR) ##

29-30 Step L forward, 1/4 turn right on right (front wall)
31&32 cha cha cha on spot (LRL)