

# Take It Easy

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Inge Vestergård (DK) - February 2024  
音乐: Take It Easy - Jacob Dinesen



**Intro: 16 counts from beginning of track. App. 8 secs. Weight on L foot.  
\*\* 1 restart on wall 4 facing 9 o'clock. See description at bottom of page.**

## **Sec. 1: R Step, L Point, L Step, R Point, R Vine, L Cross**

1 – 2                      Step R to R side, Point L to L side and angle body L  
3 – 4                      Step L to L side, Point R to R side and angle body R  
5 – 8                      Step R to R side, Cross L behind R, Step R to R side, Cross L over R

## **Sec. 2: R Chassé, L Back Rock, L Kick Ball Step, Walk L - R**

1&2                      Step R to R side, Step L beside R, Step R to R side  
3 – 4                      Rock L back, Recover on R  
5&6                      Kick L fwd, step L next to R, step R fwd  
7 – 8                      Walk L, Walk R \*\* Step change and Restart point

## **Sec. 3: L Rock Step, Shuffle ½ L, 2 x 1/8 Paddle L**

1 – 2                      L Rock fwd, Recover on R  
3&4                      Turn ¼ L stepping L to L side, step R next to L, turn ¼ L stepping L fwd (6:00)  
5 – 6                      Point R fw make a hip roll anticlockwise while turning 1/8 L, step down on L (4.30)  
7 – 8                      Point R fw make a hip rolle anticlockwise while turning 1/8 L, step down on L (3:00)

## **Sec. 4: R Cross, L Point, L Cross, R Point, R Jazz Box, L Cross**

1 – 4                      Cross R over L, Point L to L side, Cross L over R, Point R to R side \*\*\* Ending  
5 – 8                      Cross R over L, Step L back, Step R to R side, Cross L over R

**Step change and Restart on Wall 4 facing 9 o'clock.**

**Dance the first 7 counts in sec. 2, then touch R next to L (8) and restart from the Top.**

**Ending:**

**Wall 11 ends facing 6 o'clock. Dance the first 4 counts of sec 4. Then make a jazzbox ½ turn R**

5 – 8                      Cross R over L, ¼ Turn R stepping L back, ¼ Turn R stepping R fwd, Step L fwd.....  
Tadaaaa

**Start all over and have Fun**

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