

# Banana

COPPERKNOB  
STEP SHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Vee Trias (INA), Swesty Budianingsih (INA), Mimitha Kaeru (INA) & Roosamekto Mamek (INA) - February 2024  
音乐: Banana (feat. Fik Gaza) (Remix) - Jose Chameleone



Intro: 16 count (approximately 00:11)

No Tag, No Restart

## S1. ROCKING CHAIR, FORWARD LOCK SHUFFLE

1&2&      Rock R forward – Recover on L – Rock R back – Recover on L (12:00)  
3&4      Step R forward – Lock L behind R – Step R forward  
5&6&      Rock L forward – Recover on R – Rock L back – Recover on R  
7&8      Step L forward – Lock R behind L – Step L forward

## S2. DIAMOND SHAPE TURN 1/4 RIGHT, MAMBO CROSS

1&2&      Cross R over L – Turn 1/8 right step L to side – Step R back – Hitch L knee up (1:30)  
3&4      Step L back – Turn 1/8 right step R to side – Step L forward (3:00)  
5&6      Rock R to side – Recover on L – Cross R over L  
7&8      Rock L to side – Recover on R – Cross L over R

## S3. SIDE ROCK, TOGETHER, ANCHOR STEP

1-2&      Rock R to side – Recover on L – Step R together (3:00)  
3-4&      Rock L to side – Recover on R – Step L together  
5&6      Rock R behind L – Recover on L – Step R in place  
7&8      Rock L behind R – Recover on R – Step L in place

## S4. SIDE, HITCH, SCISSOR STEP, MODIFIED UNWIND TURN 1/2 LEFT, RUN BACK, TOGETHER

1&2&      Step R to side – Hitch L knee up – Step L to side – Hitch R knee up (3:00)  
3&4      Step R to side – Step L together – Cross R over L  
5-6      Turn ¼ left by lift and drop both heel – Turn ¼ left by lift and drop both heel (weight on R) (9:00)  
7&8      Step L back – Step R back – Step L together (9:00)

Option, as you Hitch L knee up, slap thigh with R hand, as you Hitch R knee up, slap thigh with L hand

REPEAT

For more info about step sheet & song, please contact:

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