

# Gold Inside

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Julie Hawkins (UK) - February 2024  
音乐: You Got Gold - Nathan Carter



**Notes: Start on Vocal, 16 count intro, No Tags or Restarts**

## **SEC 1: TOE HEEL STOMP, TOE HEEL STOMP, TOE HEEL STOMP, TOE HEEL STOMP,**

1&2      Touch right toe to left instep with knee in, Tap right heel slightly forward, Stomp right forward  
3&4      Touch left toe to right instep with knee in, Tap left heel slightly forward, Stomp left forward  
5&6      Touch right toe to left instep with knee in, Tap right heel slightly forward, Stomp right forward  
7&8      Touch left toe to right instep with knee in, Tap left heel slightly forward, Stomp left forward

## **SEC 2: MAMBO FORWARD, SHUFFLE BACK, MAMBO BACK, SHUFFLE FORWARD**

1&2      Rock forward on right, Recover on left, Step slightly back on right  
3&4      Step back on left, step right next to left, step back on left  
5&6      Rock back on right, recover on left, step forward on right  
7&8      Step forward on left, Step right next to left, Step forward on left

## **SEC 3: SCISSOR STEP, SCISSOR STEP, SIDE, BEHIND, SIDE ¼ TURN, 1/4 PIVOT, CROSS**

1&2      Step right to right side. Step left beside right. Cross right over left.  
3&4      Step left to left side. Step right beside left. Cross left over right.  
5&6      Step right to right side, step left behind right, step ¼ turn right  
7&8      Step forward on Left, Pivot ¼ right, cross left over right

## **Sec 4: SCISSOR STEP, SCISSOR STEP, JAZZ BOX**

1&2      Step right to right side. Step left beside right. Cross right over left.  
3&4      Step left to left side. Step right beside left. Cross left over right.  
5-8      Cross Right over Left. Step back on Left. Step Right to Right side. Step forward on Left