

Spagpol

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Spaghetti Polonaise - Dorfrocker & Kings of Günter



Intro: 16 Counts, start on Die Spaghetti.

Jump Tap x 2, Jump Tap x 2, R Grapevine Touch

&1 2 Step R to R side, tap L next to R twice.

&3 4 Step L to L side, tap R next to L twice.

5 6 Step R to R side, step L behind R.

7 8 Step R to R side, touch L next to R.

**** (On walls 3, 5, 8 & 10 replace the touch with a cross and restart the dance)**

Jump Tap x 2, Jump Tap x 2, L Grapevine 1/4 Brush

&1 2 Step L to L side, tap R next to L twice.

&3 4 Step R to R side, tap L next R twice.

5 6 Step L to L side, step R behind L.

7 8 Make 1/4 L stepping L (9 o'clock), brush R forward.

R Shuffle Rock Recover, L Shuffle Rock Recover

1 & 2 Step forward R, step L next to R, step forward R.

3 4 Rock forward L, recover onto R.

5 & 6 Step back L, step R next to L, step back L.

7 8 Rock back R, recover onto L.

Out Out In In, 2 x Pivot 1/2 Turn

1 2 Stomp R to R diagonal, stomp L to L diagonal.

3 4 Stomp R to centre, stomp L next to R.

5 6 Step forward R, pivot 1/2 stepping onto L (3 o'clock.)

7 8 Step forward R, pivot 1/2 stepping onto L (9 o'clock.)

****Tag/Restart: On walls 3, 5, 8 & 10 dance up to count 7 then replace touch with a cross then restart the dance.**
