

Beer Can

拍数: 32 墙数: 4 级数: Improver
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音乐: Beer Can - Tanner Adell



Intro: 16 counts (approx 7 seconds)

[1-8]: V Step, ½ Turn with Chugs / Paddles

1, 2 Step out R forward diagonal , Step out L forward diagonal (optional claps on the & beats)
3, 4 Step back R to starting, Step back L to starting (optional claps on the & beats)
5, 6, 7, 8 Keep weight in L foot and press into R foot 4 times on beat making a ½ turn backwards
(divide the half turn into 4 smaller steps)

[9-16]: Cross Points, Rock Recover, Heel Dig

1, 2 Cross R over L, Point L to L side
3, 4 Cross L over R, Point R to R side
5, 6& Step/rock forward R, Recover L, Step R together
7, 8 L heel forward, Step L together (optional pop right knee)

[17-24]: Side, Behind, Side, Pony Step, 1 ¼ Turn, Scuff

1, 2 Step R to right side, Cross L behind R
3& 4 Step R to right side, Step together L on ball of foot while lifting RF, Step down on RF
5, 6 Step L to left side making ¼ turn to L, Step forward R making a full turn counterclockwise
7, 8 Land turn on L, Scuff forward R

[25-32]: Rock Recover Coaster, Kick Kick Coaster

1, 2 Step/rock R, Recover L
3& 4 Step back on R, Step together L, Step forward R
5, 6 Kick L forward, Kick L to left side
7& 8 Step back L, Step together R, Step forward L

Last Update: 27 Mar 2024
