

Feeling Blue (心雨)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Beginner
编舞者: Nina Chen (TW) - February 2024
音乐: Feeling Blue (心雨) (英文版)
或: Feeling Blue (心雨) (DJ版)



Intro: 40 counts

Sec1: RUMBA BOX FWD

1-4 Step Rf to R - Step LF beside Rf - Step Rf fwd - Hold
5-8 Step Lf to L - Step RF beside Lf - Step Lf back - Hold

Sec2: RUMBA BOX BACK

1-4 Step Rf to R - Step LF beside Rf - Step Rf back - Hold
5-8 Step Lf to L - Step RF beside Lf - Step Lf fwd - Hold

Sec3: (R & L) SIDE - HOLD - ROCK BACK - RECOVER

1-4 Step Rf to R - Hold - Rock Lf behind Rf - Recover on Rf
5-8 Step Lf to L - Hold - Rock Rf behind Lf - Recover on Lf

Sec4: FWD - PIVOT 1/4 L.(x2), HIPS BUMP

1-4 Step Rf fwd - Pivot 1/4 turn L (9:00) weight on Lf - Step Rf fwd - Pivot 1/2 turn L (6:00) weight on Lf
5-8 Hips bump to R twice, Hips bump to L twice

(Optional: SIDE WITH HIPS ROLL - TOUCH WITH HIPS PUSH)

Tag : After wall 7 (6:00)

ROCKING CHAIR, HIPS BUMP

1-4 Rock Rf fwd - Recover on Lf - Rock Rf back - Recover on Lf
5-8 Hips bump to R twice, Hips bump to L twice

(Optional: SIDE WITH HIPS ROLL - TOUCH WITH HIPS PUSH)

Have Fun & Happy Dancing !!!

Contact Nina Chen : nina.teach.dance@gmail.com