

Carino

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Improver
编舞者: Bernadette Burnette (USA) - August 2020
音乐: Cariño - Jennifer Lopez



Intro: 32 Counts from first up-tempo beat

RIGHT SHUFFLE LEFT FORWARD, LEFT SHUFFLE RIGHT BACK

1&2 Shuffle forward R, L, R
3-4 Rock L forward, recover R
5&6 Shuffle back L, R, L
7-8 Rock Right back, recover L

RIGHT SHUFFLE LEFT FORWARD, LEFT SHUFFLE RIGHT BACK

1&2 Shuffle forward R, L, R
3-4 Rock L forward, recover R
5&6 Shuffle back L, R, L
7-8 Rock Right back, recover L

RIGHT SHUFFLE LEFT FORWARD, LEFT SHUFFLE RIGHT BACK

1&2 Shuffle forward R, L, R
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7-8 * Rock Right back, recover L

RIGHT SHUFFLE LEFT FORWARD, LEFT SHUFFLE RIGHT BACK

1&2 Shuffle forward R, L, R
3-4 Rock L forward, recover R
5&6 Shuffle back L, R, L
7-8 * Rock Right back, recover L

MAMBO RIGHT, MAMBO LEFT, SWAY HIPS

1&2 Step right to right (1), step left in place (&), step right next to left (2)
3&4 Step left to left (3), step right in place (&), step left next to right (4)
5-8 Sway hips, right (5), left (6), right (7), left (8)

MAMBO RIGHT, MAMBO LEFT, SWAY HIPS

1&2 Step right to right (1), step left in place (&), step right next to left (2)
3&4 Step left to left (3), step right in place (&), step left next to right (4)
5-8 Sway hips, right (5), left (6), right (7), left (8)

R-HEEL, R-BALL, WALK FORWARD R-L-R, WALK BACK R-L-R-L

1-2 Tap Right Heel Forward (1), Touch Right next to Left (2)
3&4 Step right forward (3), Step left forward (&), Step right forward (4)
5-8 Step right back (5), Step left back (6), Step right back (7), Step left next to right (8)

R-HEEL, R-BALL, WALK FORWARD R-L-R, WALK BACK R-L-R-L

1-2 Tap Right Heel Forward (1), Touch Right next to Left (2)
3&4 Step right forward (3), Step left forward (&), Step right forward (4)
5-8 Step right back (5), Step left back (6), Step right back (7), Step left next to right (8)

*Optional Styling: Counts 23-24 & 31-32 – Touch R to R (7), Hitch R (8)

Contact: Bernadette Burnette – baburnette38@yahoo.com
Step Sheet prepared/submitted by Answorth Robinson: agrark@aol.com
