

In My Zone

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Darri Thomas (USA) & GameOva Skip (USA) - January 2024
音乐: In My Zone (feat. Eazy Harbor & DJ Dnyce) - Roi "Chip" Anthony & Mr. Cheeks :
(Clean Version)



Intro: 16 counts after music begins

RIGHT LOCK TRIPLE STEP, LEFT LOCK TRIPLE STEP

1-2-3-&-4 Step R fwd (1), Lock L behind R (2), Step R fwd (3), Step L beside R (&), Step R fwd (4)
5-6-7-&-8 Step L fwd (5), Lock R behind L (6), Step L fwd (7), Step R beside L (&), Step L fwd (8)

HIP ROLLS, RIGHT/COUNTERCLOCKWISE, LEFT/CLOCKWISE, RIGHT/COUNTERCLOCKWISE

1-2-3-4 Hip Rolls right/counterclockwise (1-2), Hip Rolls left/clockwise (3-4)
5-6-7-8 Hip Rolls right/counterclockwise (5-6-7) ¼ Turn Left (8)

STEP R FWD, PIVOT LEFT ½ TURN, STEP R FWD, PIVOT LEFT ½ TURN, SWAY BODY DOWN

1-2-3-4 Step Right fwd (1), Pivot ½ turn left (2), Step R fwd (3), Pivot ½ turn left (4)
5-6-7-8 Sway body down toward floor

SWAY BODY UP, STEP TOUCH, STEP TOUCH

1-2-3-4 Sway body up to standing position
5-6-7-8 Step R to side (5), touch L beside R (6), step L to side (7), touch R beside L (8)

Have Fun!

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