

At Your Worst

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Heejin Kim (KOR) & Eunjeong Jeong (KOR) - January 2024
音乐: At Your Worst - Calum Scott



[SEC 1] Cross, Touch, ½ Sailor step, Rock, Recover, Coaster step

1 2 RF Cross over LF, LF Touch side L
3&4 LF Step behind, RF ¼ turn L Step side, LF ¼ turn L Step forward (6:00)
5 6 RF Step forward, LF Recover
7&8 RF Step back, LF Step next to RF, RF Step forward (6:00)

[SEC 2] ¼ Pivot, Cross Shuffle, Rock, Recover, Behind, ¼ Forward, Forward

1 2 LF Step forward, RF ¼ turn R Step Side (9:00)
3&4 LF Cross over RF, RF Step side, LF Cross over RF
5 6 RF Step side, LF Recover
7&8 RF Step behind, LF ¼ turn L Step forward, RF Step forward (6:00)

[SEC 3] Rock, Recover, Together, Rock, Recover, Back Shuffle, Full Turn

1 2& LF Step forward, RF recover, LF Step next to RF
3 4 RF Step forward, LF recover
5&6 RF Step back, LF Step next to RF, RF Step back
7 8 LF ½ turn L Step forward, RF ½ turn L Step back (6:00)

[SEC 4] ¼ Sailor step, Cross, ¼ Back, ¼ Shuffle, Cross, Touch

1&2 LF Step behind, RF ¼ turn L Step side, LF Step side (3:00)
3 4 RF Cross over LF, LF ¼ turn R Step back (6:00)
5&6 RF ¼ turn R Step side, LF Step next to RF, RF Step side (9:00)
7 8 LF Cross over RF, RF Touch side (9:00)
